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THURSDAY, JANUARY 8TH, 2015

# The future is uncertain for popular local respite centre



The Glamorgan Holiday Hotel is closing until spring while it considers its future.

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A POPULAR respite centre on Porthcawl seafront has had to close while it puts together a plan that will enable it to continue trading in the spring.

The Glamorgan Holiday Hotel has announced a temporary suspension of its hotel operations while it "reviews a plan to continue offering short break and holiday respite facilities in the long term".

In a statement, the business development manager for the hotel, Michael Mitchell, said: "The hotel has been experiencing financial difficulty in recent times facing the challenge of increasing costs while endeavouring to maintain tariffs at an affordable level."

CONTINUED ON PAGE 8

## PORTHCAWL'S BETH LOSES HER BATTLE

THE GEM has the sad task of announcing the death of Beth Margetson of Porthcawl, who passed away in the early hours of Tuesday morning (January 6).

Beth's story has been told in considerable detail in The GEM as she fought her battle against breast cancer, which was first diagnosed in 2013.

At first, the focus was on her fight to overturn a decision not to give her the drug Afinitor, and the fundraising that followed, because just one month's supply of the drug cost £3,000.

There was a protest march in Cardiff Bay, where hundreds of supporters, including a large contingent from Bridgend College, where Beth was a lecturer, marched to The Senedd.

Fundraising helped supply that drug, but the sad fact was that it was a life-extending drug, not a cure.

Later, The GEM chronicled Beth as she took her fight to an experimental German clinic, where she experienced a range of treatments - including having her body temperature raised to around 104 degrees Fahrenheit.

In the last few months, she endured a fierce course of chemotherapy - keeping her good humour all the way through.

Philip Irwin writes, most of The GEM's coverage has been written by her friend, Caroline Williamson-Sarll, and we hope to carry a full tribute in the future.

I first met Beth at a



ABOVE:  
Beth Margetson and her daughter Ffion pictured in November 2013 at a fundraising evening at the Hi-Tide Inn, Porthcawl.

PHOTOGRAPH by MALCOLM NUGENT.

fundraising evening in November 2013, in the Hi-Tide Inn in Porthcawl. Local bands played, and the BBC's Roy Noble entertained a packed crowd.

Until that point, Beth's family had been paying for Afinitor, but now Porthcawl was uniting behind her plight and the money was starting to flow in.

Beth spoke to the audience and it was hard to reconcile the humorous, determined and passionate woman with someone with a diagnosis of terminal cancer.

People talk about a 'life force' and Beth possessed that. It burned bright as she spoke about where she was going to take the fight.

She had the audience laughing when she talked about her pills, and how they were "£100 a pop" and how she was nervous about dropping one!

Seeing her alongside a professional public speaker such as Roy Noble, it was a shock to remember that in her 'real life' she was a community midwife, and then a college lecturer.

That same life force kept her going over the next 14 months as she refused to back down from the struggle.

The treatments in Germany were tough, uncomfortable and draining, but her spirit shone through.

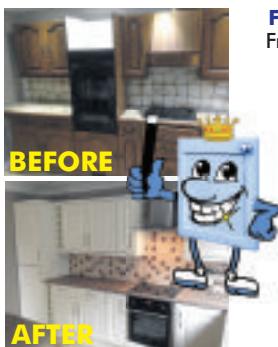
That spirit must have passed down to her daughter, Ffion, who went on BBC Wales' Jason Mohammad show yesterday (Wednesday) to talk about her mother for 30 minutes - a brave thing for a 16-year-old to do.

For Beth, the extraordinary life force that sustained her over the last few years finally burnt out on Tuesday morning.

The GEM offers its condolences to her family, and to her many friends in Porthcawl, and throughout the county borough.

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# DECEMBER LIGHT ON THE PORTHCAWL SEASCAPE



The gentle light that often bathes Porthcawl in December means that local photographers can catch the shoreline in a variety of new ways. In the image (above) Judith Holden of Porthcawl captures the incoming tide at Rest Bay as the sun gently sets on the horizon.

## The year ahead... Maesteg Hospital League of Friends

MEMBERS of the Maesteg Hospital League of Friends were busy last year raising funds for Maesteg Hospital in its Centenary Year.

The League of Friends came into being in 1962, and since then it has raised over £300,000 through the generosity of

the people of the Llynfi Valley. This has been spent on providing extra equipment at the hospital. They also provide Christmas presents for the patients every year.

This year, the league was asked if it could fund new wardrobes, lockers and special tables for the 20-bed ward, and these items will be in place by

January, 2015. The dedicated nursing staff were delighted, as the previous equipment was quite old and difficult to keep clean.

The hospital was built between 1914 and 1916, so as it is a special anniversary year, the League of Friends is organising a spectacular celebration event.

A Gala Centenary concert will take place in Maesteg Town Hall on Friday, February 27, and will feature: Noteworthy Mixed Choir, the RAF St Athan Voluntary Band and soprano Charlotte Ellett. This concert will be compered by Beverley Humphreys, and directed by Ryan Wood.

Tickets will be £7 each and available from the

town hall box office in Maesteg Market, Maesteg Hospital Reception, or by ringing the secretary of the League of Friends on 01656 735988.

### Memorial plaque remembers the miners.

THE miners of the Llynfi Valley played a very significant part in the building of the hospital.

They donated a small amount from their wages each week, and this helped to raise enough money for the hospital to be built for the people of the valley, and to house the many injured servicemen returning from the First World War.

In remembrance of the immense commitment made by the miners, the League of Friends will be commissioning a special plaque to be placed in a prominent position in the town centre.

Many residents from the Llynfi Valley and further afield are related to miners who made these donations, and this plaque will be a fitting memorial to their dedication to the Llynfi Valley and our local hospital. Proceeds from the gala concert will go towards the provision of the plaque.

To make a small donation towards the plaque, possibly in memory of a relative or friend who was a miner, contact Mrs Tania Rayner, hospital administrator, Maesteg Hospital, Neath Road, Maesteg (01656 754221) or the secretary, Maesteg Hospital League of Friends on 01656 735988.

### Upcoming event.

THIS year will be the 53rd year that the League of Friends will be holding the Hospital Fete.

It was a huge success last year, back in the centre of town in the new Market Square, as part of the Maesteg Town Festival. This year's fete will be held in the same venue on Saturday, June 20, and will be bigger and better than ever.

If you would like to book a stall or be involved in the event in any way, contact the secretary on 01656 735988.

## Candidate's call for co-ordination of work schemes

THE Conservative parliamentary candidate for Bridgend, Meirion Jenkins, is calling for improved co-ordination between work schemes and skills provision following a visit to Working Links in Bridgend.

Working Links delivers the government's work programme, a two-year scheme to help the long term unemployed find work.

The programme covers all aspects of

finding work, including hard and soft skills as well as any other assistance that might help people to find work.

Mr Lewis said: "It's great to see that the Bridgend office is one of the most successful in Wales. Of the customers who have had two years on the work programme, Bridgend has seen a 43 per cent success rate of placing people into employment, compared to the national average of 40 per cent."

He added: "I think it's very important that the employment support schemes across Wales are well synchronised."

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## Local volunteer wins award for dedication

A DEDICATED volunteer has been recognised for the generous and selfless contribution she makes to the conservation of Bryngarw Country Park.

Leigh Forman, who is the secretary of the 'Friends of Bryngarw Park' group, has been named Environmental Volunteer of the Year at BAVO's Volunteer Achievement Awards.

BAVO, the Bridgend Association of Voluntary Organisations, host the awards annually to highlight outstanding individuals and groups who volunteer to help others in their community.

Since October 2010, Leigh has dedicated significant amounts of her own time, energy and skills to help preserve Bryngarw Country Park's natural environment so that its 113 acres of woodlands, wetland, meadows and gardens can be enjoyed by over 200,000 visitors each year.

Coun Phil White, Bridgend County Borough Council's cabinet member for communities, said: "As secretary and driving force of the 'Friends' group, Leigh's contribution far outweighs the formal demands of the role. Her passion for volunteering and the countryside has injected an energy and momentum into the group, which has



helped it to develop into a confident and vibrant organisation.

"I would like to congratulate Leigh on her well-deserved award and add my thanks to her, and all of the Bryngarw volunteers for their hard work and commitment to making the park such a beautiful place to visit."

Leigh's many achievements include starting a Facebook page, setting up a Twitter feed and writing an online blog to recruit new volunteers, share news about the park and promote county-wide countryside issues, particularly to younger members of the community, who have then been inspired to volunteer themselves.

## Who wants to build what, and where?

Mr Jonathan Mellowes – Rear 35 Woodstock Gardens (Trestyn Woods), Pencoed – Crown reduction of oak tree and lop overhanging branches.

Mr Richard Dennis – 108A Rowans Lane, Bryncethin – Cut back overhanging branches.

Dr Stephen Harris – Mid Glamorgan Dental Laboratory, Penybont Road, Pencoed – Change of use from dental laboratory to chiropractic centre and carry out refurbishments.

Mr I and Mrs N Williams – 41 Merthyr Mawr Road, Bridgend – Demolish existing rear extension and garage and construct a single storey rear extension.

Mr David Bishop – 80 John Street, Nantymoel – First floor rear extension.

Mr G Lloyd – Premier Lloyds Store, 14 – 16 Y Wern, Bettws, Bridgend – Single storey rear side extension.

Mr M Gadd – 3 Caldy Close, Porthcawl – Single storey lounge extension to rear.

Green Frog Connect Ltd – Land at Court

Coleman and Afon Ogwr, Bridgend –

Underground high voltage electricity cable for solar farm

(amendment to route approved under

P/14/641/FUL).

P/11/355/FUL. Bridgend County Borough Council Children's Directorate – Betws Primary School, Betws Road, Betws – Demolish existing school buildings: construct new English and Welsh medium primary school. Mr CM Gadd – 3 Caldy Close, Porthcawl – Single storey lounge extension to rear. Green Frog Connect Ltd – Land at Court Coleman and Afon Ogwr, Bridgend – Underground high voltage electricity cable for solar farm (amendment to route approved under P/14/641/FUL).

### HIGH TIDE TIMES (UNTIL JANUARY 15)

The high tides listed in this week's GEM are those in Porthcawl. It should be remembered that along the coast, high tide times will vary.

For instance, in Barry, the high point will be 20 – 25 minutes later.

DATE	Time	Ht	Time	Ht
	AM	M	PM	M
08 Thur	08.07	9.4	20.22	9.3
09 Fri	08.46	9.4	21.03	9.2
10 Sat	09.16	9.1	21.35	9.0
11 Sun	09.54	8.8	22.09	8.6
12 Mon	10.29	8.4	22.49	8.2
13 Tues	11.11	8.2	23.40	7.9
14 Wed			12.07	7.7
15 Thur	00.47	7.6	13.19	7.6

While The GEM makes every effort to check the accuracy of tide tables, we recommend that anyone putting out to sea, or walking in an area where they could be cut off, should check with a tide table specific to their location.

We abide by the code of practice upheld by the Independent Press Standards Organisation (IPSO). This contains provisions for issues such as accuracy.

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# Prize for Porthcawl's top window at Christmas



Chris Smart, president of Porthcawl Chamber of Trade and Commerce, together with members Mark Morgan, Sharon and Alun Edwards, in the winning shop with Lynne Devine, Pam Williams and Karl Schmidke.

Report and photos by Keith E Morgan.



ABOVE: The cup and certificate being presented to proprietors Lynne Devine and Pam Williams by Karl Schmidke.

## Bridgend primary school has made maths a top priority

PUPILS at Oldcastle Primary School in Bridgend have improved their maths thanks to a programme which has made a big impact during the last year.

Since September 2013, the school has been following the 'Numbers Count' programme which enables teaching staff to provide extra help for children who find maths difficult, and the progress has been recognised, with Oldcastle receiving its accreditation as Wales' first 'Every Child Counts' school.

One-to-one specialist teaching is given to those who need it, while learning support officers have been trained so that they can help the lower achieving pupils.

As a result, pupils who had been having difficulty are now building confidence and are

keeping pace with their classmates.

Headteacher Jeremy Malesa-Thompson said: "Primary schools within the Brynteg cluster noted that we needed to change our approach to maths so that additional help could be offered to those pupils who needed it. We heard about the 'Numbers Count' programme, which has been developed by Edge Hill University and were keen to introduce it in Bridgend."

Having piloted the programme, Oldcastle staff are now advising neighbouring schools, as well as schools in two other local authorities, so that they can implement the programme too.

Meanwhile, Litchard Primary School has been singled out for its success in teaching numeracy, with Estyn highlighting the school as one of only three best practice cases in their latest report on numeracy in key stages 2 and 3.

The school was praised for the way that teachers integrate maths across the curriculum and capture pupils' imaginations, and headteacher Jeremy Phillips said: "We are proud of the progress that pupils are making and the way that they are developing their numeracy skills.

"Across all lessons, teachers plan activities that enable pupils to practise and apply a range of mathematical skills, such as measuring heights and volumes during a science lesson, so that maths is a central part of their learning. We are really pleased to have been picked out by Estyn as an example of good practice."

Coun Huw David, Bridgend County Borough Council's cabinet member for children and young people said: "I'd like to commend both of these schools for the excellent way that they are teaching mathematics and for making such outstanding progress."

## MBE award for tireless hairdressing champion

THE chair of the largest independent hair and beauty training provider in Wales has been awarded an MBE for her services to the hairdressing industry in the New Year's Honours list.



Shirley Davis-Fox.

Shirley Davis-Fox co-founded Bridgend-based ISA Training in 1998 and the company now employs more than 60 staff, who train around 800 apprentices in 500 businesses across Wales and the borders.

She said: "I feel so honoured to receive this recognition just for doing my job. Anita Roddick said that to succeed you have to believe in something with such a passion that it becomes reality. I passionately believe in the hair sector and the professionalism of hairdressing."

Mrs Davis-Fox has been a member of the Hair Council since 2011 and was recently appointed its political lobbyist, following her successful campaigning work in Wales for the

## Advice shop in Bridgend

A FREE 'one stop' healthy living activities shop for everything you need to know about how Bridgend Citizens Advice Bureau.

Bridgend and Communities First can help is now open every Monday through to Friday, 2pm - 4pm at the Zone in Dunraven Place in Bridgend town to help find work.

A spokesman said: "If you live in a Bridgend Communities First is a Welsh Government-funded programme which aims to reduce poverty by improving education and skills, health and employment opportunities. For further details, call 01656 643514 or

On Monday, January 12, there will be information on free co.uk.

Distinctive Antiques, who triumphed last year, while there were commendations for Stationery Hill, Shaw Trust and Whittingham's, the Solicitors.

"They put on a great display for the Golf Open in the summer and have done so again."

The Parkdean Cup will be competed for every Christmas among member shops of the Porthcawl Chamber of Trade and Commerce.

Bahia won the judges' approval ahead of second-placed

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# AM calls for delay in school merger process

**EDUCATION** this is subject to a timeline ending in 2019. Minister Huw Lewis is being urged to delay approving plans for a new-build school based on merging Betws and Tynyrheol Schools.

Welsh Conservative Regional AM Suzy Davies has written to the Minister to remind him that, as a result of the High Court's decision to quash the decision of Bridgend County Borough Council (BCBC) to close Tynyrheol School, the council has not yet made the case for the merger.

The court found that the council did not follow consultation procedures on the proposal.

She said: "The minister has told me that BCBC's outline business case for building a new merged school at Betws is still being considered. But as a result of the court's decision, BCBC is not in a position to provide evidence that merging these schools is appropriate.

"I have asked the Minister not to determine the application, made to Welsh Government by the council, until the case for the merger has been made using evidence acquired by the correct statutory procedures and giving due regard to the United Nations declaration on the rights of the child."

Mr Lewis told Mrs Davies that the council had submitted an application for funding under the 21st Century Schools Programme and

parents in Llangeinor are worried that the council has now submitted a planning application for the new buildings. Mr Lewis said that the government's approval process would not be affected by an ongoing judicial review and that final approval of the business case would depend on planning permission being obtained. The council is also able to advertise for staff for the new, merged school but this will have no bearing on the Welsh Government's decision.

Mrs Davies added: "I understand the information supplied by the Minister to date and can see why BCBC are proceeding with a planning application – but an application for buildings designed around merger and re-location?

"The judicial review is no longer 'ongoing' – it has been completed and it found against the council. That means that, as matters stand, BCBC is not in a position to supply the evidence that a merger of Tynyrheol with Betws or the relocation of Ysgol Gymraeg Cwm Garw to Betws, are necessary.

"As the plans for the new build are based on merger and re-location, I cannot see how they can proceed until that evidence is available."

## RELAXING MOMENTS ON COITY COMMON...



GEM reader Susan Dobbs came across these three horses, at rest on Coity Common.

## From a local kitchen... to world-famous store!

**ORIGINALLY** baking cupcakes from home as a single mum, Melanie Constantinou had no idea she would one day be selling traditional Welsh bara brith to Fortnum & Mason of Piccadilly, London.

However, that's exactly what has happened with Baked by Mel. This week, the London store launched the tasty tea loaf on its prestigious shelves, baked from a little kitchen in Llantwit Major.

Mel told The GEM: "I started my baking business in 2011, originally doing cupcakes."

Last year, she received support from Creative Rural Communities, the Vale Council's rural development team.

They came up with the idea of Mel developing a bara brith that Mel could sell online, and the

packaging they came up with reflected the rustic nature of the humble bake. Mel recently won two gold stars last summer from the Great Taste Awards.

In September, a Fortnum and Mason buyer spotted Mel selling her bara brith at Abergavenny Food Festival. He obviously left pleased and got in touch with a view to stocking it in London.

Mel's bara brith is only sold on line and is not stocked in any local

store at the moment. She said: "The Wine Street coffee shop in Llantwit Major sells it by the slice, but Fortnum & Mason will be the very first store to stock it!"

A launch day has been pencilled in for January 17, when Mel will be in London, offering samples to Fortnum & Mason customers.

This will be the first Vale product to be stocked there, and could be tasted by visitors

from all around the world.

Nia Hollins, of Creative Rural Communities, said: "We are thrilled that Mel has secured such a high profile stockist for the bara brith. This will raise the profile of the Vale and its food on an international level."

For more information on Mel's bara brith, visit <http://www.barabriith.co.uk/baked-mel>

## Community Chest welcomes funding applications

**HAVE you got an idea that could help encourage more local people to get active or take part in sport during 2015?**

Applications for the next round of Community Chest grants are being invited by Bridgend County Borough Council, with a total funding pot of £30,704 available for sports clubs, organisations and businesses between now and the end of the current financial year.

Community Chest is a Sport Wales scheme that is run locally by Bridgend County Borough Council's active young people department, with funding applications agreed by a panel of volunteers.

The panel meets every three months and has helped more than £1million be invested into grassroots sport in Bridgend County Borough over the last 15 years. Grants are funded by Sport Wales via the Lottery Sports Fund for Wales.

The scheme can provide grants of up to £1,500 for a variety of purposes, including funding courses to coaching

standards, buying new equipment, paying for marketing, coaching costs, and sports hall hire. The scheme can help towards setting up a brand new club or can support an existing club to offer improved or additional opportunities.

The panel members are particularly keen to boost the numbers of women and girls playing sport, encourage participation in disability sport, and increase the range of opportunities on offer in disadvantaged communities.

Applications need to be submitted by Monday, January 26.

Leader of Bridgend County Borough Council, Coun Mel Nott, said: "The Community Chest scheme has helped many organisations since it started in 1999.

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## SCHOOL IS PRAISED

**STAFF, pupils and governors at Pencoed Comprehensive School have been praised in a national report for their efforts to help narrow the gap between child poverty and educational achievement.**

The school has been singled out as a model of good practice by the Wales Centre for Equity in Education, which examines what schools are doing to reduce the impact of poverty on pupil attainment.

In its report, the WCEE identified Pencoed Comprehensive School's 1,000 Club as a leading example of how headteachers can improve attendance and engagement among pupils.

At the start of every term, each pupil receives 500 'points', and is challenged to earn more by hitting targets including attendance, club membership and being active in classes.

The scheme is supported by sponsorship from local businesses, and pupils are entered into a draw at the end of each term where they can win prizes such as bikes, scooters, electronic tablets and vouchers.

In addition, high-flying students are sent congratulatory letters for hitting or surpassing their targets, while other

pupils who have made significant gains are congratulated in a series of posters around the school and in assemblies.

David George, headteacher at Pencoed Comprehensive School, said: "It is fantastic for all at the school to receive this recognition for the achievements of our pupils. We all try hard to make sure that each individual gets the support that they need to succeed.

"When the WCEE visited the school, they highlighted a whole range of factors that were making a difference – regular assessment and target-setting for pupils, clear lines of accountability for teachers, and a culture of support and encouragement to name just some.

"Congratulations are due to pupils and staff for all the hard work – it is certainly paying off!"

Coun Huw David, BCBC cabinet member for children and young people, added: "These are some of the biggest challenges we face in our schools, but by thinking outside the box and having the confidence to implement an innovative project like the 1,000 Club, Pencoed Comprehensive School is really leading the way."

"My congratulations go to Mr George, the staff and governors for their fantastic work."



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will be held at 26 Dunraven Place, Bridgend on Thursday January 22nd at 5pm.  
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## NEWS FROM PENCOED COMPREHENSIVE SCHOOL

# Busy end of term at Pencoed school



*ABOVE: The 'Lil Alfie' appeal was supported by the school's Christmas fayre.*



*ABOVE: The 'Get Girls Active' committee.*



*ABOVE: The schools 'young consumers' team.*



*Senior citizens were guests at a Christmas concert in the school.*

### IT was a busy and joyous end of term for Pencoed Comprehensive School

A special ceremony was held to present certificates to pupils who had sat GCSE, AS and A-Level exams last year. It was lovely to welcome back pupils who had left us after sixth form last year, as well as parents and current pupils.

The presentations were followed by tea and mince pies served in the canteen. Thank you to everyone concerned for making this such a lovely celebratory occasion.

To make the occasion even more special, Mr David George, headteacher, was extremely pleased to announce that Pencoed Comprehensive School had just achieved Standards Group One in the new Welsh Government's system of categorisation of schools.

### ARABIAN NIGHTS

Year-7 pupils enjoyed a visit arranged by the English department to Arabian Nights in Cardiff. They, as well as all the other pupils, enjoyed the 'Big Sing' organised by Mr Owen and Mr Poley in the school's Sports Hall.

Year-7 pupils also enjoyed an evening disco as arranged by the drama committee in order to raise funds for next summer's production of *Cats*.

A very successful Christmas concert was held in Salem Chapel again this year. Thank you very much to Mrs Rhian Jenkins, Mrs Kay Smith, Mrs Alex Hewitt and Miss Rhian Hughes for organising the event – and a big thank you also to all the pupils who took part.

The audience enjoyed a full programme, all performed with great enthusiasm by the pupils.

We are very grateful to Salem Chapel for allowing us the use of the chapel for the concert and the rehearsals.

Thank you also to

everyone for their kind jumper and non-school uniform day collection.

donations towards school activities as collected by FoPCS, who provided refreshments in Salem.

Pupils also laid on a special concert in the afternoon for the school's Senior Citizens Club and MLD staff and pupils.

Before going over to Salem, everyone enjoyed a Christmas dinner in the canteen and joined in the carol singing, led by Mrs Ruth Jones, Mrs Amanda Randall, Mrs Julie Howells, Miss Lauren Howells and Miss Amie Harris.

The senior citizens also enjoyed the visit to Porthcawl on the last day of term to see *Aladdin*. This visit was organised by Aimee Skehens and Sophie Thomas (Maesteg Comprehensive) as part of their A-Level travel and tourism course.

**CHRISTMAS FAYRE**  
Just before the end of term, year-12 pupils, supported by Mrs Sharon Davies, organised a very successful Christmas Fayre in the school's Sports Hall.

The fayre included all types of different stalls and activities, ranging from cakes and refreshments to various competitions such as basketball and motor car racing. The fayre forms part of the pupils' Welsh Baccalaureate course.

Also, as recently profiled in the press and on television, special congratulations to Rhys Young on winning the 'Young Volunteer of the Year'.

This national award acknowledges Rhys' Comprehensives' pupil participation officer, has been working closely with BCBC Active People Department in setting up

Rhys' enthusiasm and passion for sport is respected by staff and pupils alike. Well done, Rhys!

### YOUNG CONSUMERS

Other congratulations are also in order: At the end of November, four of our year-12 pupils took part in BCBC's Young Consumer of the Year competition.

This was the first time for Pencoed Comprehensive to enter a team for the competition. They did really well, losing narrowly in the final.

### CARD DESIGN

Congratulations to Jonathan Barbour and Thomas Gall on having their Christmas card designs selected for the school by Helen Williams, head of art.

### GET ACTIVE

The following pupils: Rileigh Hatter, Shayna Yaw, Milla Thomas Embling-Jones, Eve Evans, Hannah Evans, Brooke Silver, Georgia Lloyd, Bethany Smith, Jenna Dyckhoff, Naomi Richard, Arian Pascoe, Natalie Richards, Alana Rossiter, Olivia Lloyd, Rhiannon Evans and Chloe Jones have been being selected for the 'Get Girls Active' committee.

Hollie Roberts, Pencoed Comprehensives' pupil participation officer, has been working closely with BCBC Active People Department in setting up

the 'Get Girls Active' project in school.

This team of girls will be working hard to get more girls active inside and outside of school, making decisions and attending meetings and conferences to try and get as many opportunities for the girls in the school as possible.

### REINDEER

Members of the school's INTERACT Group, as well as having a cake selling stand at the Christmas Fayre also sold a large number of very endearing wooden reindeers in aid of Help for Heroes.

The reindeers proved very popular last year and consequently orders rolled in this year!

Thank you to Mrs Edgar Birt, Bridgend Rotary Club for mentoring the INTERACT group throughout the year and especially for preparing the reindeer for the group to decorate.

### CHRISTMAS HAMPER

Congratulations to the pupils in Miss Drakeford's registration form on winning the Best Christmas Hamper Competition – a very novel Pot Noodle Christmas Tree! The form entered three hampers in total!

Congratulations also to pupils in Mrs Smith's form on coming second and Mr Pownall's form on coming third.

All registration forms had been asked to



*ABOVE: The Interact group's reindeer, which sold well at the Christmas fayre, raising cash for Help for Heroes.*



*ABOVE: The 'Cymorth i Cerys' appeal received a donation after the school's Christmas fayre.*

produce a Christmas Food Bank (volunteer) Bridgend Food Bank for hamper in readiness for and Mr David George, distribution to families in the official judging by headteacher. Mr Mike Richardson All the hampers were Pencoed areas. (governor and Bridgend then donated to the

## NEWS FROM PENCOED COMPREHENSIVE SCHOOL

# Busy end of term at school

### ANTI-BULLYING

Congratulations go to all of the key stage 3 pupils who took part in the Anti-Bullying week competition organised by Miss Torpey. Pupils created Anti-Bullying campaign posters to show their understanding of the importance of the week.

Although they were all fantastic, the winners of each house were as follows: Cerys Johnson and Jade Evans from Branwen, Millie Jenkins from Gwenllian, Max Shaughnessy and Maisie Burnard from Owain, Shannon Phelps and Ellie Caridge from Llywelyn.

### CHILDREN IN NEED

Pupils at the school, in the space of two hours, raised £990 for Children in Need in November.

Form tutors and staff arranged a whole variety of activities for Children in Need from dodgeball to karaoke.

Congratulations also go to year-7 pupils who've been busy reading for the annual school Readathon once again this year.

A total of £497.55 was raised for 'The Roald Dahl Foundation' that supports children with severe health problems.

The English department has been organising the Readathon since 2007 and over the last seven years, the pupils have raised a grand total of £2,593.57 for the foundation'. This is a wonderful achievement.

Many thanks to all our parents, grandparents and friends who sponsored the children to read their books. We are all very proud of the children in year 7 who have read with great enthusiasm this year.

Organised by Mrs Caroline Joy and pupils in the MLD Resource Base, a total of £121 was raised at the Macmillan Coffee Morning. MLD pupils also organised a coffee morning at the end of term for parents.

### LORD OF THE FLIES

Congratulations to Jevan King, year 9, on being selected for a role in the stage production of *Lord of the Flies* in the Wales Millennium Centre earlier this term.

Jevan went through a very rigorous selection process, taking on

role of a character entitled Bill in the production, and, even scarier, also selected for the role of the 'Sacrified Pig' which Jevan confirmed was a very scary experience!

Congratulations also go to all pupils who have maintained 100 per cent attendance this term – all 226 of them (30.3 per cent of students in years 7-11).

There has been a continued push on attendance this term, with a weekly celebration in each house assembly of the form with its best attendance.

Pupils with 100 per cent attendance in the previous week have been entered into a draw to win the 'Fast Pass Dinner' tickets.

In the new year, the school will be honouring the forms with the best attendance with a 'Bacon Butties Breakfast'.

### STAR READERS

The STAR reader scheme got off to a

tremendous start this term: 2,512 quizzes have been taken and 28,343,525 words have been read by pupils in years 7, 8, 9 and 10.

There have been 'STAR Readers of the Month' for September, October and November.

Well done to Ryan Harrington, Emma Powson, Adrian Webb, Dewi Svenson, Dylan Cheung, Jack Hall, Brooke Edwards, Iwan Whitchurch, Morgan Mayle, Brogan Parrish and Chayton Fruin.

Also a big congratulations to our two 'Word Millionaires' – Dewi Svenson (year-7) and Kali Morgan (year-9) which is a fantastic achievement, both pupils having read a million words before October half term.

In addition to school organised football sessions, Cardiff City Football is running weekly training sessions with 20 of our girls.

Following regular rugby training sessions, two matches have been played (and won!) against Bryntirion.

Erin Scurrell (year-7) recently competed in the Welsh Schools' Trampolining Competition. In the under-14 girls competition, Erin came 10th out of 44.

This is very impressive given that some of the girls will have been in years 8-9.

All year groups involved in rugby union have started the season well with year-9 and year-11 progressing from Ospreys East 1 qualifying league into

the National Competition, which will continue after Christmas.

Year-9 have been drawn to play against St Cenydd, with the winner then going on to play Newbridge in the quarter finals.

Looking forward to sunnier weather, *Cats* is next summer's extravaganza! Auditions have already been held and rehearsals are already well under way for another superb production.

Behind the scenes, pupils have set up their own fundraising committee, their aim being to raise £3,000 for the staging of the show.

To date they've already organised a dance evening and a Year 7 disco and are also planning on a bag packing day and a whole range of other activities.

Plans are also well under way for the key stage 3 production of *Alice in Wonderland* in June.

The cast has recently been announced and rehearsals are already under way. Extracts from the show will also feature as part of the 'Moving On Up' transition programme where pupils from the local primary schools join in with Pencoed comprehensive pupils.

### SPORT

On the sporting side of things, as well as netball and hockey, girls' participation in rugby and football training sessions and matches have dramatically increased this term.

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As a result, Kieran Stevens, Cameron Law, Corey Palmer and Curtis Palmer were invited to attend the east Wales regional under-14 squad training sessions at Cardinal Newman School.

A week later, year-9 won their qualifier with a convincing win over Llangynwyd. An open invitation was made to the players to attend the same regional squad training with William Chen, Thomas Bending and Josh Sands particularly impressing.

The year-8 football team got through to the second round of West Glamorgan (Welsh Schools FA Cup) but lost 3-2 to Maesteg.

After beating Y Dderwen 3-0 on penalties, the senior XI then beat St Joseph's (Port Talbot) by 5 goals to 1 in the semi final.

After going 1-0 down in the final seconds of the first half, Pencoed dominated the second period.

Goals came from

Evan Price, Matthew Willmott, Rhys Lamont, Corey Jones and Mason Roach.



ABOVE: One of the school's football teams.



ABOVE: Miss Torpey with the anti-bullying campaign team.



ABOVE: Jevan King.

## Shoppers get cash boost from charity!

**SHOPPERS** in Bridgend have been given a cash boost this Christmas thanks to environmental charity, **Keep Wales Tidy**.

Christmas Spirit campaign has rewarded people who help keep their community clean in Wales while promoting local high street shops.

Coun Phil White, Bridgend County Borough Council's Cabinet Member for Communities, said: "I am delighted that Keep Wales Tidy visited Bridgend town centre and recognised responsible members of the public in this way. I would like to say a big thank you to all of our residents who bin their litter or take it home with them for proper disposal, helping us to keep our streets clean and free from litter."

Jeanie Gray, policy manager for Keep Wales Tidy said: "The aim of Christmas Spirit is to reward those who are responsible with their litter and put it in the bin. They are the majority, but often we spend more time talking about the minority, who carelessly drop litter and spoil the environment for everyone. Even if you didn't get a reward this time please continue to bin or take or litter home."

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# New 'Discovery Club' for local youngsters at Pencoed Library

YOUNGSTERS in Bridgend county borough are being encouraged to give up the games console and uncover a world of exciting activities and challenges at a new Saturday morning 'Discovery Club' in Pencoed Library.

The drop-in club, which is being launched on Saturday, January 10, has been set up to help children discover interactive skills through games, crafts, quizzes, practical workshops, music – and everything in between.

With a mystery feature at 11am each week, the sessions – which are open to children of all ages – promise to be innovating and fun.

The first session will feature a kickboxing talk and demonstration which is aimed at teaching youngsters the history behind the martial art, as well as building confidence and learning how to get active and healthy.

Volunteers in the community are being asked to support the mystery feature too, by showing off their skills and hobbies, whether music, sports, arts, crafts, literature, or anything that children can get involved in.

## 'Music for Life' and African Children's Choir are in perfect harmony

THE African Children's Choir (No 41) make its only visit to Wales at St David's Hall, Cardiff, on Wednesday, January 14, for a 30th anniversary fundraising concert.

They will be joined by Nia Price and a choir of 450 school children.

Music for Life is the official fundraising charity of The African Children's Choir.

A spokesman explained: "Music and dance have been proven to transcend life's difficulties. The children at the concert in Cardiff are full of vibrant energy, despite the desolate circumstances they have come from."

"To bring a similar experience to children

outside the choir programme, 'Music for Life' co-operates with community schools throughout Africa to establish Music for Life centres.

"The Music for Life centres offer an after-school programme once a week that includes music and dance, arts and crafts, life skills training, homework help and one-on-one interaction between the children and centre volunteers.

"The knowledge that someone cares, and has the time to listen, has a tremendous impact on the children, not to mention the opportunity to just be kids and forget about their daily struggles for a few hours.

"The results are tangible as the quiet, shy children transform into enthusiastic, energetic children full

of laughter and love. Teachers notice increased confidence, better academic performance and growing leadership skills in the children.

"Today, Music for Life centres operate in three countries in Africa. Each centre has approximately 50 children attending each week. Each Music for Life centre provides a meal or snack as well. For many of the children, this is the only meal they will eat that day.

"It was in Uganda that Ray Barnett first envisioned the African Children's Choir. The first choir toured from Uganda and it is where most new choirs are currently trained.

"Uganda has benefited from many different relief and development projects over the past 28 years and is home to hundreds of children who are supported through our sponsorship programs."

Following a tour, many choir children are enrolled at the African Children's Choir Primary School on the shores of Lake Victoria in Entebbe. This boarding school addresses all the needs of former choir children during their primary education (levels one to seven).

Tickets for the Cardiff Concert are available from the Box Office 02920 878444. Further information available from Graham Ellis 01446 749659.

# RESPITE CENTRE'S FUTURE

## CONTINUED FROM PAGE 1

Mr Mitchell added: "The future plan for the hotel will endeavour to protect as many jobs as possible."

"The temporary suspension of the hotel operations is expected to be for a short period but it is expected to be fully operational again in the spring."

The Glamorgan Holiday Hotel is run by the Cartrefi Cymru charity, which supports people with a range of disabilities to live in the community.

Some of Cartrefi's clients use the holiday hotel for respite, but it is available to other individuals and organisations.

PHILIP IRWIN

# An Air Ambulance is called after town centre crash

TWO people were taken to hospital, one by Air Ambulance, after a crash in Bridgend town centre on Tuesday morning (January 6).

A spokeswoman for South Wales Police said that three people had been injured after a road traffic collision in Bridgend at the junction of A4061 and B4181 outside the Coity Castle public house. Two cars were damaged.

The spokeswoman said: "The driver of one vehicle was taken to the University Hospital of Wales by Air Ambulance, while the passenger was taken to Princess of Wales Hospital in Bridgend. The occupant of the second car sustained minor injuries.

"An investigation into the collision is continuing".

## Body found on beach

A MAN was found dead on a Vale beach on New Year's Day.

A South Wales Police spokeswoman said: "Officers were called to Monkash Beach at 12.25pm on Thursday, January 1, following the discovery of a body.

"The body of a man was recovered. His next of kin have been informed and formal identification of the body has been arranged.

"Investigation into the circumstances of his death are continuing on behalf of HM Coroner".

## Residents sickened by sight of dead foals

TWO dead foals were dumped in Heronston Lane, Ewenny earlier this week.

One shocked resident told The GEM: "They were tied together. It was very upsetting.

"I saw them early on the evening of Monday (December 5) and contacted the police and the council. The foals were still there the next morning.

"These sorts of incidents are not isolated and one wonders what the authorities are doing about the issue."

Another local resident also called The GEM on Tuesday morning to express their shock at the scene in Heronston Lane.

## Art class for the over-50s

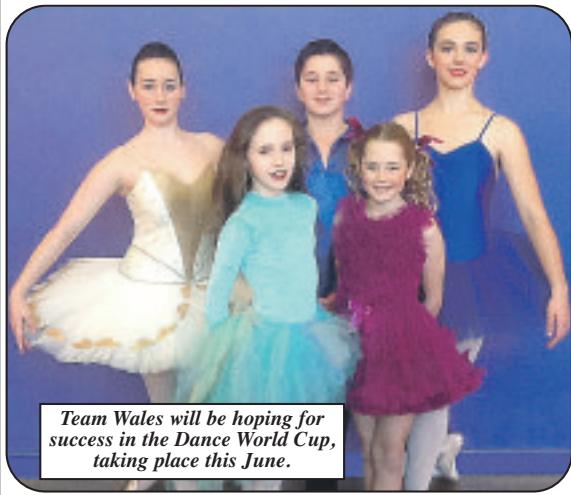
BEGINNING today (January 8), there will be a new art class for the over-50s covering most mediums, starting in Llantwit Major, from 1.30pm to 4pm at the Llantwit Major Hall every Thursday.

Run by Gwendoline Cubbage, an experienced artist taught by professionals, she has been teaching for the past 20 years and is now living in Llantwit Major.

The class welcomes beginners and experienced painters alike. Refreshments are provided. Cost of class, £3.

You can read your GEM online - just visit [bridgend-today.co.uk](http://bridgend-today.co.uk) and follow the link

# 'Team Wales' dancers seek sponsorship



Team Wales will be hoping for success in the Dance World Cup, taking place this June.

THE Dance World Cup involves 18,000 competitors from 38 countries around the world, culminating in a competition in Portugal on July 6.

They will be carrying the Welsh flag at the opening ceremony, with high expectations after very encouraging comments from the judges who approved their qualification.

They will perform in a range of competitions, covering classical ballet, contemporary and national dance.

The size of this major world event is not to be underestimated and Team Wales can be followed via the Dance World Cup website and live streaming during the event itself, commencing with the opening ceremony on June 27.

Please support Team Wales and follow your country in Bucharest.

Any parties interested in sponsoring the team should contact Nia Bennett on 07749 264740 or email [nia.bennett50@gmail.com](mailto:nia.bennett50@gmail.com)

## Isabella's festive pilgrimage to town



LEFT:  
At the age of 95, Isabella Stephen from Edinburgh still makes an annual trip to see her family in Llantwit Major over the festive season. She has made the journey for almost 40 years and is pictured at the local beach.

A keen visitor to Llantwit Major every festive season is 95-year-old Isabella Stephen – who – as you can see from the photograph – loves spending time on the Heritage Coast.

Her daughter Maggie Coyle told The GEM: "At the age of 95, my mum Isabella still flies down from Edinburgh to Llantwit for Christmas to enjoy our beautiful coast. She has been coming down for almost 40 years, 30 of them to St Donats.

"She travels alone since my father passed away 20 years ago. Apart from a bit of assistance due to her failing eyesight, she still manages the trip on her own."

Maggie added: "I just pray I inherited her genes!"

# ABERTHIN TRACTOR RUN IS FOR GOOD CAUSES

## PHOTOGRAPHS by GLYN EVANS

OTHER PICTURES ARE AVAILABLE FROM THIS EVENT.

Pictures can be purchased by contacting:

E-Mail: [ffotoimage@tiscali.co.uk](mailto:ffotoimage@tiscali.co.uk)  
Telephone 07791 228684  
[www.ffotoimage.co.uk](http://www.ffotoimage.co.uk)

VINTAGE tractor runs have become a tradition in Bridgend and the Vale as tractor enthusiasts combine their love of the machines with raising money for worthy causes.

The Aberthín Tractor Boys held a post-Christmas run, starting near Aberthín and making their way towards Bridgend county borough by passing through Talbot Green and many other villages in the area.

Glyn Evans was on hand to capture the tractors as they set off.



ABOVE:  
Fortunately, it was a nice crisp day, and nothing like a winter's day toiling out in the fields!

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# 'Get me to the train on time' for special Barry Island Wedding

The pictures on this page were taken by MIKE WILCOCK. They are available to order from [wilcock60@aol.com](mailto:wilcock60@aol.com) or telephone 01446 774502.

WHEN Barry girl Ellie Carey decided she wanted to get married on Barry Island, she and her intended, James Gough from Cambridge, came up with a really bright idea.

They arranged with the Barry Island Tourist Railway to hold a ceremony and the wedding reception on the station platform!

What's more the wedding party of 180 guests were all taken to the reception by steam railway power, manned by the volunteers who operate the trains for tourists.



ABOVE: Members of the wedding party travelling on the tourist train.



ABOVE: Ellie Carey and James Gough.



BELOW:  
The station platform is transformed into a dining area for the wedding party!



## Housing association's award

WALES & West Housing (WWH) has been recognised as one of the top employers in the UK by not one, but two major UK workplace accreditors.

After a review in October by Investors in People, WWH has retained its sought-after IIP Gold status, and has achieved the rare achievement of satisfying all 196 evidence requirements.

WWH, which celebrates its 50th year in business in 2015, is one of only a handful of companies ever to have done this in the UK. It manages almost 10,000 affordable homes in 12 local authority areas across Wales, including Bridgend and the Vale.

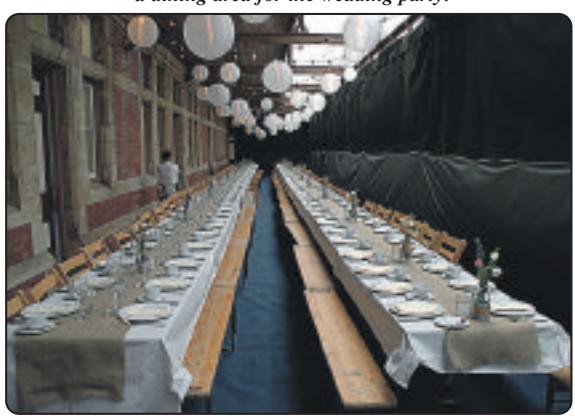
In addition to the Investors in People success, the housing association has had more good news from the Sunday Times Best

Companies process.

In October 2014, WWH staff took part in the Best Companies review for the fifth year running. Now WWH has learned that not only has it once again made the Top 100 listings, but it has also been awarded the highest 'three stars' rating by Best Companies, recognising WWH as an 'extraordinary' employer.

WWH's exact ranking in the 2015 Best Companies Top 100 will be revealed at the end of February.

Anne Hinckley, chief executive of WWH, said: "Both of these awards are testament to how much people matter in our organisation and the contribution each and every one of our staff makes towards making us not only successful but also a workplace where people want to join, stay, develop and make a difference."



Wales celebrated in the 50th anniversary of special stamps



THE year 2015 marks the 50th year of Royal Mail's Special Stamp programme, which celebrates events and commemorates anniversaries.

Over the past 50 years, the people, places and iconic images of Wales have appeared on numerous special stamps.

Castles of Wales feature several times, including Caernarfon Castle for the Investiture of HRH The Prince of Wales in 1969, Harlech Castle, Cardiff Castle and Chirk Castle.

Wales also has its own set of definitive stamps which feature further iconic images including the Welsh dragon, Prince of Wales feather and a Welsh slate daffodil.

As part of the programme to celebrate the 50th anniversary of the special stamp programme, Royal Mail has launched an online gallery of every special stamp issued since July 1965, which includes images of the stamps featuring the iconic buildings and landscapes of Wales.

Visitors to the site at [www.rmspecialstamps.com](http://www.rmspecialstamps.com) can browse through the stamps by the decade

Caernarfon Castle – and also view the stamps 1969; Stackpole Head that were issued in the (Pembroke) – 1981; year that they were born.

## WG cash grant is aimed at deprived areas

BRIDGEND and Vale of Glamorgan will receive more than £2.3 million of Welsh Government funding to continue supporting people in Communities First clusters in south Wales, the Minister for Communities and Tackling Poverty Lesley Griffiths has announced.

More than £30 million is being invested in the Communities First programme to continue helping deprived areas across Wales.

## Maesteg Animal Welfare society thanks readers

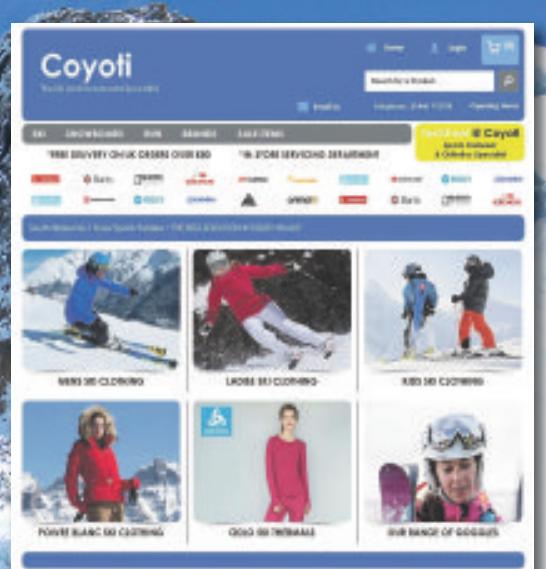
Maesteg Animal Welfare Society would like to thank the readers of The GEM for their donation of food to our charity during the Christmas period.

Their generosity is much appreciated. We have many loving cats looking for a home. If interested please call Jan on 01656 721496 or Nicola on 01656 769855.

Jan, Maesteg Animal Welfare Society (MAWS)



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<b>Mens Midlayers from £22.99</b>  SPYDER Outbound £98.99	<b>Ladies Midlayers from £22.99</b>  SPYDER Major £159.99	<b>Kids Helmets from £27.50</b>  UVEX 300 Visor £189.99	<b>Kids Thermals from £14.99</b>  ODLO Ladies EXTRA WARM £54.99	<b>Neck Gaitors from £9.99</b>  BARTS Multicol Polar £14.99	<b>Ski Socks from £3.99</b>  SNOWTEC Technical Pack of 3 £30
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<b>Ski Boots from £149.99</b>  Salomon Quest 80 £279.99	<b>Skis from £276</b>  HEAD Magnum £589.99	<b>Snowboards from £250</b>  BURTON Process £289.99	<b>Snowboard Bindings from £120</b>  BURTON Custom £149.99	<b>Snowboard Boots from £139.99</b>  SALOMON Pearl £139.99	<b>Boot Bags from £24.99</b>  DAKINE Boot Bag £29.99

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## Guitar sessions for the ladies...

TWO years ago I put a small piece relating to a guitar workshop in The GEM and it was a real success.

Shamboogie has moved on from a small bi-weekly session to a full weekly evening at a venue offering a lot more.

This year the intention is to start a ladies only evening, for beginners and players.

We will also do an evening for small band rehearsals, folk music and jazz.

All I need is interested parties to contact me on 01446 400894.

Meetings are at the Cwm-Talwg Inn on Severn Avenue, Barry. Harry Ford, Barry.

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## The Dogs Trust seeks good homes for six mischievous puppies!

STAFF at Dogs Trust Bridgend are appealing to local dog lovers to help find loving homes for six puppies which found themselves homeless on Christmas Eve.

The adorable seven week old pups were brought to the rehoming centre in Bridgend when their owner was unable to care for them due to a change in circumstances, and handed them in to Dogs Trust to help find them loving new homes for 2015.

The mischievous pups have already become firm favourites with staff who have nicknamed them after those acknowledged in the New Years Honours list. Leading the honours are Dame Joan Collins, Sir John Hurt, Sheridan

Smith OBE, Steve Cram CBE, Dame Kristin Scott Thomas and James Corden OBE.

Beverley Price, Dogs Trust Bridgend Centre manager, said: 'These mischievous little pups are only seven weeks old and full of energy so will need homes with patient owners who appreciate the demands of young puppies and are at home most of the day to help them settle in.'

"They would need homes with secure gardens to bound around

in, and loving new families prepared to dedicate time to their training and socialization

and help them become part of the family. They are super little dogs who would make the perfect pets and who after a really tough start in 2014 will be able to flourish in loving new homes in 2015.'

If anyone is interested in honouring our pups with a loving new home, call Dogs Trust on 0303 303 0292 or visit [www.dogstrust.org.uk](http://www.dogstrust.org.uk).

**Legion's invite for meeting**  
A BRANCH meeting is to be held in the Duke of Wellington public house at 7.30pm on Tuesday, January 13 which all branch members are asked to attend.

Anyone ex-military or not who is not currently a member and would be interested in finding more about the aims of the Legion with a view to becoming a member is also invited to attend.

For any further information contact Dave Morris on 01446 774520.

## Dietitian thanks team after MBE

**LEFT:**  
**Head Dietician**  
**Judyth Jenkins.**



Judyth laughed and said she practices what she preaches – by going out for a healthy meal with family.

The chief executive of Cardiff and Vale University Health Board, Adam Cairns, said: "This is fantastic news for Judyth personally, for her team and for the health board. Judyth is an extremely dedicated individual and, after 37 years, has kept the motivation and drive that makes her such an outstanding member of staff."

"Well done Judyth – greatly deserved."

## Wartime Heritage

**THE Glamorgan Wartime Heritage Centre will be open on Wednesday afternoons in January, from 2pm – 4pm.**

"I'm absolutely delighted – it's just wonderful," said Judyth.

"I'm honoured to have been put forward for it. But you don't achieve things on your own; you've got to have good people around you. My team is very hard-working and share the

same passion and commitment.

"I love my job and I

love working for Cardiff and Vale Health Board, which is very supportive of our work."

Asked what she was doing to celebrate,

This year promises to

be an exciting year for the centre. Planning is under way for a special event to mark 'Victory in Europe Day' plus 70 years' and June 20 should see the return of the Red Arrows as part of Wartime Weekend.

If you would like to get involved in a small but growing enterprise – your local museum needs YOU!

**Glenn Booker**  
Barry At War



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# G2S WALES

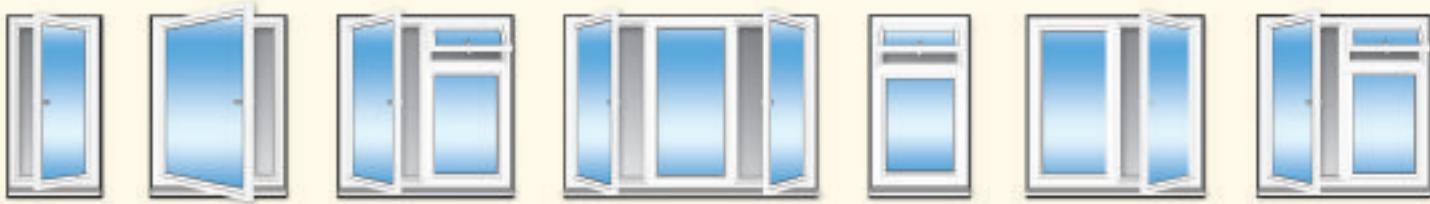
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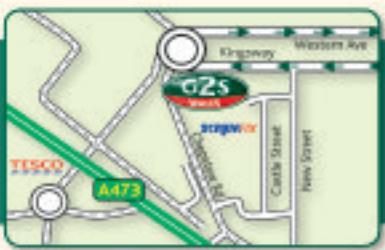
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**SEFYDLWYD** Menter Bro Morgannwg yn 2013, gyda'r nod o gynyddu'r defnydd o'r Gymraeg ar lefel gymunedol ym Mro Morgannwg.

Rydym yn falch iawn o greu'r bartneriaeth newydd yma gyda'r Glamorgan GEM, ac fe fyddwn yn cydlynau tudalenau misol Cymraeg yn y papur, fydd yn cael ei gyhoeddi ar ddydd Iau cyntaf pob mis.

# AR AGOR OPEN

**BUSNES Y MIS:** Mae Menter Bro Morgannwg yn cynhyrchu arwyddion drws Ar Agor/Ar Gau, ac fe fyddwn ni'n eu dosbarthu am ddim i stopau, busnesau a gweithleodd ar draws Bro Morgannwg dros y misoedd nesaf. Byddwn hefyd yn cynnig bathodynau 'Taith Gwath' sydd yn fforda hawdd a chyflus i adnabod staff sydd yn hapus i siarad Cymraeg yn y gwaith.

Ydych chi'n gweithio mewn siop neu'n berchen ar fuses yn Mro Morgannwg ac yn gallu cynnig gwasanaeth Cymraeg i'ch cwsmeriaid? Os ydych, rhwch wybod i ni, gan y byddwn yn fwy na hapus i hyrwyddo eich gwasanaeth ar y dudalen hon!

## Sêr gan Eiry Palfrey

CAPRICORN

**A**R Ragfyr  
22ain bydd yr  
A-haul wedi  
newid arwydd. Mae  
pawb a aned rhwng  
y dyddiad hwn a  
Ionawr 20fed yn  
perthyn i Capricorn,  
sef degfed arwydd y  
Sididdy. Arwydd  
dearaf dan reolaeth y  
planed Sadwrn –  
sydd yn gwneud  
Capricorn yn berson  
uchelgeisiol a  
difrifol.

Rydych chi'n onest  
iawn ac yn rhoi cryn  
dipyn o bwyslais ar  
dyllysdydd. Efallaf bod  
bywyd weithiau'n  
ymddangos yn anodd,



© Suzanne Carpenter  
ond fe fyddwch chi'n  
ennill yn y diwyd.  
Rydych chi'n berson  
dibynol cyfrifol gyda  
llawer o

hunant-ddisgyblaeth ac yn  
ymarferol iawn, ond  
weithiau fe fyddwch chi  
rhoi mewn i human  
dosturi. Fyddwch chi  
byth yn trysto'ch lwc,  
mae gwath caled yn fwy  
pwysig ichi.

Mac gyda chi'r gallu i  
resymu, a syniad cryf o  
bwrsas mewn bywyd.  
Efallai eich bod yn  
ymddangos yn ddifrifol  
onf aellwch fod yn  
gyfaill annwyl a thrif,  
sy'n berchen ar hiwmor  
sych bachog. Rydych  
chi'n barod i weithio'n  
galed iawn tuaq at eich  
nod mewn bywyd. Mae  
hunant barch a chael parch  
bobl eraill yn bwysig  
iawn i chi.

Capriconiaid enwog:  
Menna Elyn, Barry John,  
Shirley Bassey, Richard  
Nixon, Hedd Wyn.

## LLAIS LLEOL – DULYN GRIFFITH

**BOB** mis, byddwn  
yn holi unigolion a  
chymriadau amlwg  
o fewn y gynuned  
Gymraeg am eu  
profiau o fwy neu  
weithio yn y Fro. Y  
tro hwn, cyn-  
brifathro Ysgol Sant  
Baruc – Dulyn  
Griffith – sy'n ateb  
ein cwestiynau...

**PA ARDAL** o'r Fro  
ydych chi'n hyw?

Yn y Barri. Mae'r  
olgyfa dros y môr ar ei  
gorau yn ystod tywydd  
storms.

Beth yw'r peth gorau  
am fwy yn y Fro?

Bod yn dilyn pell o  
brysurde Caerdydd ond  
etó'n ddigon agos i  
ymweld â'r ddinas pan fo  
angen gwneud hynny.

Yn fy achos i, unwaith y  
flwyddyn! Dydw i ddim  
yn ddyd siopa.

Dwedwch ychydig  
wrthom am eich swydd  
fel cyn-Brifathro Ysgol  
Sant Baruc.

Uchafwynt fy ngyrrfa  
yn y byd addysg ac un  
mlynedd ar hugain yw  
iawn mewn awyrgylch  
deuluo a chlos.

Beth yw eich atgof  
mwyaf am weithio yn  
Ysgol Sant Baruc?

Tybiad mae'r llu o  
nosweithiau 'pasiant'  
gyda'r Neuadd Goffa a  
ei sang sydd yn fwyaf  
byw yn fy nghof a'r  
gefnogaeth di-flino gan  
staf, plann a rhieni trwy  
gydol fy ngyffnod yno.

Pa bum disgybl sydd  
yn arhos yn eich cof?

Byddai'n haws i mi  
enwi pum cant! Roedden  
nhw i gyd yn arbennig a  
rhweddu yn perthyn i



bob un. Dwi'n  
ymfachio bod cymaint  
ohonynt hwn wedi cadw'r  
Gymraeg a nifer yn ei  
dymddyddio yn en gwath  
bod dydd ac yn Gymry  
glân, glowy. Nid yw  
modd 'traddodiadol'  
efallai ond mae eu  
hunaniaeth a'u  
wrthfawr ac yn oleuedig  
a'r gynlluniau a  
wrthfawr ac yn oleuedig  
a'r gynlluniau a

Beth yw eich atgof  
mwyaf am y ddeng  
mlynedd nesa?

Gweld aelodaeth  
AFIAITH yn cynyddu i  
bum cant.

Gyda pwys fasech  
chi'n hoffi cael pryd o  
fwyd?

Yn ddiweddar bwm yn  
edrych ar lun dosbarth  
Miss Roberts yn Ysgol  
Gynradd Pen-y-groes  
1962 gyda pherthynas i  
mi sy'n dal i fyw yn yr  
ardal. Dau o'r pedwar ar  
bymtheg yn unig sy'n  
ymweld â nhw gan  
byw yn y pentref o hyd a

### diddordebau?

Roedd ymdeoliad i  
fod i grefn amser i  
hamddenda ond nad felly  
bu. Dwi'n mwynhau  
darllen ac yn garddion pan  
fo hynnyn hanffodol ond  
y pleser mwyaf ydy  
tretioli amser gyda theulu  
sy'n cynydd o ran  
niferoedd.

Beth yw eich  
uclergais am y ddeng  
mlynedd nesa?

Gweld aelodaeth  
AFIAITH yn cynyddu i  
bum cant.

Gyda pwys fasech  
chi'n hoffi cael pryd o  
fwyd?

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bymtheg yn unig sy'n  
ymweld â nhw gan  
byw yn y pentref o hyd a

### nifer fawr wedi mynd i

bedwar ban byd. Dyma i  
chi glic arall i dynged yr  
iaith. Braf iawn fyddai  
gallu casglu pob un at ei  
gilydd i gael pryd o  
fwyd.

Pwy ydych chi'n eu  
hednygu?

Umrhywun sydd yn  
gweithio'n ddiflino i  
hyrwyddo'r Gymraeg a  
Chymreictod.

Beth yw eich gwyliau  
blwyddyn, wrth i  
gariadon ddanfon  
cardiau at ei gilydd.

Cysylltir Dwynwen ag  
Ynys Môn a rhoddodd ei  
henw i eglwys ar Ynys  
Llanddwyn ac ym  
mhlywyd Porthddwyn ei

chariad at Maelon ac fe  
roddwyd tri dymuniad  
Dwynwen mewn cariad â  
Maelon, ond roedd ei

thad am iddi briodi  
twysog aelodaeth

Maen nhw'n rhy  
niferus i'w rhestru i gyd  
ond tybiaf mae'r Aubrey  
Arms ar yr A48 a'r Bear  
yn y Bont-faen ydwl i'n  
ymweld â nhw gan  
amaf.

## DIWRNOD SANTES

## DWYNWEN

**Dydd Sul, Ionawr 25, 2015**

**S**ANTES

Scariaid o

Cymru yw

Dwynwen. Dethlir

diwrnod

Santes

Dwynwen ar y 25ain

o Ionawr bob

blwyddyn, wrth i

gariadon ddanfon

cardiau at ei gilydd.

Cysylltir Dwynwen ag

Ynys Môn a rhoddodd ei

henw i eglwys ar Ynys

Llanddwyn ac ym

mhlywyd Porthddwyn ei

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ymweld â nhw gan

amaf.

Yn ôl y chwedi, roedd

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IN BUSINESS



WINDOWS, DOORS  
**M.P.N.**  
& CONSERVATORIES

FENSA Network VEKA

## UP TO 50% OFF IN THE JANUARY SALE

Number of Windows	Cost per Week
4 WINDOWS ANY SIZE, MAX 1 OPENER IN WHITE UPVC	FROM £5.69
5 WINDOWS ANY SIZE, MAX 1 OPENER IN WHITE UPVC	FROM £7.11
6 WINDOWS ANY SIZE, MAX 1 OPENER IN WHITE UPVC	FROM £8.53
7 WINDOWS ANY SIZE, MAX 1 OPENER IN WHITE UPVC	FROM £9.96
8 WINDOWS ANY SIZE, MAX 1 OPENER IN WHITE UPVC	FROM £11.38
9 WINDOWS ANY SIZE, MAX 1 OPENER IN WHITE UPVC	FROM £12.80
10 WINDOWS ANY SIZE, MAX 1 OPENER IN WHITE UPVC	FROM £14.22

## UP TO 50% OFF IN THE JANUARY SALE

Conservatory	Cost per Week
3 M X 3 M CONSERVATORY FULLY FITTED INC ALL BUILDING WORKS	FROM £39.27
4 M X 3 M CONSERVATORY FULLY FITTED INC ALL BUILDING WORKS	FROM £43.62
5 M X 3 M CONSERVATORY FULLY FITTED INC ALL BUILDING WORKS	FROM £46.52
5 M X 4 M CONSERVATORY FULLY FITTED INC ALL BUILDING WORKS	FROM £49.43
6 M X 4 M CONSERVATORY FULLY FITTED INC ALL BUILDING WORKS	FROM £58.16

ALL OUR CONSERVATORIES COME FULLY PLASTERED, TILED WITH FREE UNDERFLOOR HEATING WITH UPVC SCRETING BOARDS FITTED AS STANDARD AND FREE BLINDS

## UP TO 50% OFF IN THE JANUARY SALE

Door	Cost per Week
COMPOSITE DOOR	FROM £2.76
COMPOSITE DOOR WITH BALUSTRE	FROM £3.18
COMPOSITE DOOR WITH 1 SIDESCREEN	FROM £4.06
COMPOSITE DOOR WITH 2 SIDESCREENS	FROM £4.93
COMPOSITE DOOR WITH 2 SIDESCREENS AND A FANLIGHT	FROM £5.38
GARAGE LOFT CONVERSIONS	FROM £21.80

OPEN 9AM TO 9PM • 7 DAYS A WEEK

MASSIVE JANUARY SALE • UP TO 50% OFF • MASSIVE JANUARY SALE • UP TO 50% OFF •

MASSIVE JANUARY SALE • UP TO 50% OFF

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# Out and About with The GEM



by GARETH JAMIESON  
Follow Screen Talk on Twitter - @GEMScreenTalk

## Toy and Train Sale draws its visitors from all over country

THE regular collector's bonanza reaches the Cardiff area again when the Toy and Train Sale arrives at Penarth Leisure Centre in Cogan, from 10.30am to 3pm on Saturday, January 10.

The Cardiff show is now firmly established as the largest and best such event in the whole principality."

Traders present on the day will also be buying and exchanging, as well as selling, and will offer free valuations on a wide range of toy and train related items, without any obligation.

They welcome any items being brought in for cash or exchange, so do raid your attics! Top local carers and charity fundraiser Rita Limbrick and her team will be operating at the show and, as always, will offer both quality and value.

Chris added: "The Cardiff show is greatly anticipated by both traders and customers and is already fully booked with traders, with some travelling from as far away as Cornwall and North Yorkshire."

"We now offer in excess of 120 tables at the Cardiff show, and these are operated by more than 50 traders from all over Britain with the stock on offer, old and new, being quite

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# It's Our Biggest Ever Sale

Everything has **50% off**

Designer furniture for every room at prices **everyone** can afford

PLUS AN EXTRA  
**20%** OFF  
All Sale Prices  
SOFAS | BEDS  
DINING | BEDROOM

For a limited period only!

up to  
**30 months**  
INTEREST FREE CREDIT

3 Seater sofa Sale Price only  
**£399**

**sale**  
On Now

**FULLY RECLINING SOFA** Price is for BOTH SOFAS



Excess delivery  
while stocks last

The Delta. 3&2 seater reclining sofas  
RRP £1999 sale £999 save an EXTRA 20% **£799**  
THE PAIR



Tripoli traditional 3 seater sofa. Available as traditional high back or with scatter back cushions.  
RRP £1759 sale £879 save an EXTRA 20% **£699**  
4 seater, chair & footstool also available at sale prices

Designer living on a grand scale

Height: 79cm x Width: 230cm x Depth: 100cm



Solid Oak Dining Table  
RRP £999 sale £499 save an EXTRA 20% **£399**

**FULLY RECLINING SOFA** Price is for BOTH SOFAS



The Helmore. Real leather 3&2 seater reclining sofas with pocket sprung interiors  
RRP £2999 sale £1499 save an EXTRA 20% **£1199**  
THE PAIR

Dedicated Beds and Bedroom Department



Included 4 Drawers

Emerald Medium to firm open coil hand tufted 4'6" divan set with 4 drawers included in the price.  
RRP £759 sale £379 save an EXTRA 20% **£299**



Kipling 1500 A mixture of lamb's wool, cotton and silk sat on 1500 pocket springs gives great comfort and support.  
RRP £999 sale £499 save an EXTRA 20% **£399**



Cloud 2000 A combination of memory foam and 2000 individually nested pockets will invite you to drift off easily.  
RRP £1759 sale £879 save an EXTRA 20% **£699**



The Forte Corner Sofa. Warm, soft, funky yet still hard wearing. A huge fabric pack offers style to compliment or coordinate in your room.  
RRP £1999 sale £999 save an EXTRA 20% **£799**  
3 & 2 seater, chair and footstool also available at sale prices



Unit 5, Freemans Park,  
Penarth Road,  
Cardiff,  
CF11 8TU.  
Tel: 02920 371970

[www.fwhomestores.co.uk](http://www.fwhomestores.co.uk)

Opening Times Mon: 9.30am - 8.00pm Tue - Fri: 9.30am - 6.00pm Saturday: 9.00am - 6.00 pm Sunday: 10.30am - 4.30pm

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take up to  
**30**  
months  
FREE credit  
no interest no charges  
0% typical APR

## G2S offers 10 year guarantee

**G**2S WALES is pleased to announce that its new showroom in Bridgend is now fully open. The G2S Group is one of the best known names in double glazing, with over 140 years of trading across its group of companies.

With showrooms in Swindon, Bristol, Salisbury, Melksham and Gloucester, it came to Bridgend earlier this year with the aim of bringing the best windows and doors to south Wales.

The G2S aim is simple – to be the best in their industry. The company offers transparent pricing, superior products across their range and affordable and flexible finance options for everyone, coupled with an unrivalled level of customer service.

Alan Williams, group MD, said: "The people of Bridgend and the surrounding areas have made us very welcome and have embraced our unique approach to providing windows and doors. We have received very positive feedback from many satisfied clients and I attribute this to our experienced and competent workforce."

"Many of our fitters have been with us since we started the G2S Group, and we have also employed more than 30 local people since our arrival in Bridgend."

Every window and door supplied by G2S Wales is made to measure for a perfect fit. The company applies its own unique method of fitting windows and doors, ensuring that not

only are their products perfect, so is the fitting of them.

The range of window and door colours, designs and finishes is very comprehensive, and much of the work comes from customers who are recommending them to family and friends.

One of the most unique qualities of G2S Wales is that they never have, nor ever will, take deposits from their customers.

Mr Williams explained: "I believe that it is wrong to take any money from our customers before we have completed the work to their total satisfaction.

"We offer a comprehensive range of affordable finance packages to suit everybody's budget, and we are proud of our 10 year guarantee, which is better than any other in our industry."

"We are continuing to recruit new members of staff at our new Bridgend showroom to manage sales, installation and administration of the continually increasing volume of work, and we are proud of our growing workforce."

Why don't you pop along to the new showroom at York Park, Bridgend and have a look at the extensive range of products in display? G2S Wales is open six days a week, but will answer the phones personally 24 hours a day, seven days a week. You can also see their full range at [www.g2swales.co.uk](http://www.g2swales.co.uk).

With winter setting in fast, you could save up to £754 a year with new windows. Call them free on 0800 322 322.



GEM ADVERTISEMENT FEATURE

# In Business Update



## Trade & DIY Windows and Doors

### FRAMES FROM ONLY £30

LARGE SELECTION OF MIS-MEASURE, SECOND HAND AND BANKRUPT STOCK

### LIMITED AVAILABILITY

WE ALSO SUPPLY MADE TO MEASURE WINDOWS & DOORS

OPEN 6 DAYS A WEEK



"WE ARE THE BEST"

Call: 01656 668835  
[www.g2swales.co.uk](http://www.g2swales.co.uk)

Unit 1 York Park, Bridgend Industrial Estate, Bridgend CF31 3TB

## Start New Year with 'Mindfulness' classes!

**H**AVE you ever noticed how days, weeks, even months fly by without really knowing what you've done during this time?

Many of us live life on autopilot, meaning we follow usual routines causing us not to be 'present' in our everyday living.

We can find ourselves ruminating over negative, unhelpful events, often failing to notice the good things about our lives, instead dwelling on toxic self criticism.

Learning how to become aware of our thoughts, feelings and emotions in a way that suspends judgement and self-criticism can have an incredibly positive impact on our lives.

Mindfulness is a way of introducing focus and clarity to whatever is happening in our lives.

Although it will not eliminate life's difficulties, it can help us respond to them in a calmer manner.

Mindfulness provides us with a scientifically researched approach to cultivating clarity, insight, and understanding.

Practising mindfulness allows us to be fully present in our life and work, and improve our quality of everyday living.

Courses starting January - for more information contact Sue on 07795 964066 or 02920 654893/cardiffhypnotherapy.solutions@gmail.com



**Sue Pitman**

HPD, DHP, MNCH(Reg)  
Clinical Hypnotherapist/  
Psychotherapist

Contact Sue on

07795 964066 / 029 20654893

Confidential free initial consultation with no obligation at:

Barefoot Studio, Llandow nr Cowbridge.

The Business Centre, Barry.

Wellfield Osteopathic Clinic, Cardiff.

[www.cardiffhypnotherapy.solutions.com](http://www.cardiffhypnotherapy.solutions.com)

### CELEBRATING THE CELTIC NEW YEAR



Come and meet the Fari Lwyd

### DATHLU'R HEN GALAN



Dewch i gwrdd â'r Fari Lwyd

Palmerston Adult Community Learning Centre  
Cwmbran Community Library CF83 7PR

Monday, 12 Jan 2015 6 to 8pm FREE - Suitable for all the family

Join in a singing class and learn the unique verses ready to reply when the horse comes knocking.

Create and decorate your own horse to take home.

Learn about our old New Year traditions.

Enjoy a cookery demonstration.

Canolfan Adolygiad Palmerston  
Cwmbran Community Library CF83 7PR

Nos Lun, 12 Ionawr 2015 6 to 8pm AM DDIM - Addos i'r teulu i gyd

Ymlynwch mewn dosbarth canu a dyngu'r pennillion ym barod i aelod.

Addurnwch gwybod alici hun i fynd addro.

Dylgwch am ein hen draddodiadau Cymreig.

Mwynhewch arddangosfa goginol.



## Celtic New Year to be celebrated at Palmerston centre

**F**ARI LWYD (the Grey Mare) will pay a visit to Palmerston Community Learning Centre on January 12 for an evening event celebrating the Celtic New Year (Hen Galan).

Although in the old tradition the mare's skull was taken from farm to farm by men dressed in black or women's clothing, who sang verses at each door to demand ale and cake, more recently she has gone from pub to pub around the time of Christmas and the New Year and the singing and rewarded by money for demonstration.

Information will be available on all the adult learning opportunities in Welsh in the Vale.

This is a Welsh language event to which all are welcome and Welsh for Adults taster classes will also be available.

This old Glamorgan custom will be re-enacted when the

Further details on 01446 733762.

# In Business Update

## Sale time at Sam B!

**S**AMANTHA B is often referred to as Ewenny's best kept secret! Located 200 yards from the garden centre.

Samantha offers a fantastic range of coordinated separates with labels including Olsen, Poppy, Emreco, Adini and Marble to name a few!

If you're not familiar with Samantha

B, the sale time is a great way to see if you like what we've got to offer - all stock is 50 per cent off!

We will be turning our attention to the spring from February. Clients can look forward to some lovely colours, vivid lime, navy pink and taupe!

*Call in and see what we have! Open Monday to Saturday, 10am-5pm 01656 658388*

## A HAPPY NEW YEAR FROM

**Samantha B**  
Ladies Fashions & Accessories

4 Wick Road, Ewenny,  
Vale of Glamorgan,  
CF35 5BL  
Tel: 01656 658388

**50% OFF**  
Winter Sale starts 2/1/15

## Beagles Country Store celebrates first birthday

**B**EAGLES Country Store celebrated its first birthday in November by opening an eatery right next door to its shop in Cowbridge.

Beagles Country Kitchen offers all the usual café beverages and specialises in sweet and savoury crepes, cooked freshly in front of you by experienced head chef, Chris Biggs.

As the Kitchen is also fully licenced, you can enjoy a glass of something stronger while enjoying a sweet crepe made with Welsh whisky liqueurs!

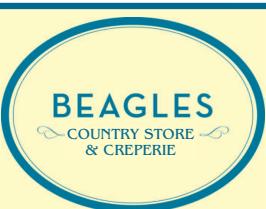
New for 2015 is the Beagles

discount scheme. If you eat or drink in 'the Kitchen', your receipt acts as a 10 per cent discount voucher in the store on the same day.

Similarly, if you shop in the store, your receipt entitles you to a free regular coffee in the Kitchen on the same day.

Owners Claire and Bryan explained:

"This is our way of thanking people for supporting their High Street by 'shopping and eating local', rather than giving their trade to the national chains that are taking over our rural economies and local towns".



## WINTER SALE NOW ON!

### New for 2015

Shop in our store and get a free coffee\* in our creperie on the same day - or eat/drink in the creperie to get 10% off in-store\* on the same day

\*T&Cs apply, see in-store for details

Beagles Country Store & Kitchen  
Old Mason's Yard, Cowbridge, CF71 7EE  
www.beaglesofcowbridge.com  
01446 771995

GEM ADVERTISEMENT FEATURE

## Retro-Vibe Music is now in Cardiff!

**R**ETRO-VIBE Music formerly of 44 Holton Road, Barry has now moved to new larger premises in the centre of Cardiff.

A spokeswoman explained: "Due to the volume and variety of stock we had outgrown our shop and needed a space that we could grow into."

"We are now based at 8-10 High Street (Castle end of St Mary Street) and are over two floors.

"We have an entire basement for vinyl, with CD's, comics, jewellery and merchandise on the ground floor.

"We are also going to be stocking a range of turntables and will be

looking at setting up a dance section with listening booths in February.

"We are keen to support independent musicians by selling their recordings free of charge.

"We want to be a part of the hub and diverse music scene in south Wales - all we ask in return is that musicians tell people where their music can be bought."

"We will also be hosting in-store gigs and signing sessions. These are exciting times and sales in vinyl have increased as people have realised that it is the experience of actually owning an album is more than just listening to a song."



8-10 High Street, Cardiff CF10 1AW

Tel: 02920 231 803

Open Mon - Sat 9.30 - 5pm. Sun 11-4pm

www.facebook.com/retrovibemusic

## IT'S 2015! So let's get organised

**T**HE start of a new year often inspires us to be more organised. Pop into The Pencil Case, the independent stationery and school uniform shop at 50 Eastgate, Cowbridge, and you'll find everything you need!

There is a lovely collection of 2015 diaries and family calendars (from just £2.99) to help you plan the year ahead.

Get organised with handy to-do lists, pocket-sized notebooks, folders for all your paperwork - they even have a shopping organiser!

If you've just gone back to school, there is a wide selection of colourful files, pens and other stationery ready for the term ahead, as well as the full range of school uniform for Cowbridge Comprehensive, Y Bont Faen, Llangan and St David's Primary Schools.

**The pencil case**

January Sale - 1/3rd off kids' partyware and selected stationery!

2015 diaries & family calendars

Primary & secondary school uniform

50 Eastgate, Cowbridge, CF71 7AB 01446 772210  
sally@thepencilcase.co.uk www.thepencilcase.co.uk  
ThePencilCaseCowbridge @ThePencilCaseCo

## A busy month for Jenner Park's school choir



Jenner Park Primary School choir sang at the Christmas Tree Festival.

**JENNER PARK**  
Primary School  
Choir sang in the  
Christmas Tree  
Festival at St  
Mary's Church,  
Holton Road.

The choir also took part in the 'Night of 1,000 Voices', when 32 members of the choir sang in the Motorpoint Arena in December.

Mr D Morris would like to thank parents and children for working so hard learning the songs and representing Jenner Park Primary School.

## Youth project to fundraise at toy and train fair

AFTER a busy 2014, working in the community and fundraising for local causes, the Cadoxton Youth Project start off the new year

fundraising at the Penarth Toy and Train Fair at Penarth Leisure Centre, Andrew

Road, from 10.30am to 3pm.

Traders and collectors converge on the event, not just to find collectable items, but to experience the variety of foods that Rita and the team have to offer the public.

Proceeds will go to Ty Hafan, Marie Curie and Y-Care International (YMCA world wide).

All are welcome to experience the variety that the Toy and Train Fair has to offer.

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**The Vale of Glamorgan Council**  
**(MURCH ROAD (PART),**  
**DINAS POWYS) (20 MPH ZONE)**  
**ORDER 2014**

On the 7th January 2015 the Vale of Glamorgan Council in exercise of its powers under Sections 1, 2 and 84 of the Road Traffic Regulation Act 1984 (as amended), sections 90A&C of the Highways Act 1980 (as amended), the provisions contained within The Highways (Road Humps) Regulations 1999 and of all other enabling powers, made an Order the general effect of which is as described in the Schedules below.

The Order will come into operation on the 9th January 2015 and a copy of the Order and a plan showing the affected area may be seen at the address shown below during normal office hours.

If you wish to question the validity of the Order or any provisions contained therein on the grounds that they are not within the powers conferred by the above Act or on the grounds that any requirement of the same or that any instrument made under it has not been complied with in relation to the Order, you may within six weeks of the 9th January 2015 apply to the High Court for this purpose.

**PART 1**

No person shall cause or permit a vehicle to proceed at a speed greater than 20 miles per hour along the location specified in schedule 1 below.

Traffic calming measures, as described in column 1 of schedule 2, shall be introduced in order to reduce traffic speed and improve road safety, at the locations described in column 2 of schedule 2 below.

**PART 2**

The limitations and restrictions imposed by this Order and the lengths of highway to which they relate are those identified in drawing no T/14/94/MS that accompanies these schedules

**SCHEDULE 1**

No person shall cause or permit a vehicle to proceed at a speed greater than 20 miles per hour along Murch Road Dinas Powys from a point 70 metres southeast of its junction with Plas Essyllt to a point 70 metres northwest of its junction with Castle Drive, a total distance of approximately 240 metres.

**SCHEDULE 2**

Type	Location
Flat top speed cushions with approximate dimensions: 65mm high x 1.90 metres long x 1.75 metres wide.	Murch Road – the centre being approximately 32 metres southeast of its junction with Plas Essyllt.
Flat top plateau with approximate dimensions: 75mm high x 6.0 metres long x 7.3 metres	Murch Road – the centres being approximately 60 and 123 metres northwest of its junction with Plas Essyllt
	Murch Road – the centre being approximately 19 metres northwest of its junction with Plas Essyllt.

Dated this 8th day of January 2015

M. E. Punter  
 Director of Visible Services and Housing  
 Vale of Glamorgan Council,  
 The Alps, Wenvoe. CF5 6AA.



**Cyngor Bro Morgannwg 2014**  
**GORCHYMYN (ARDAL 20 MYA)**  
**(MURCH ROAD (RHAN YN UNIG),**  
**DINAS POWYS)**

Ar 7 Ionawr 2015, yr oedd Cyngor Bro Morgannwg, gan arfer ei bwerau o am Drannau 90A ac 2 a 28 Deddf Rheoli Traffig y Ffyrdd 1984 (ddiwygiedig), adrannau 90A ac C Deddf Prifffyrdd 1980 (ddiwygiedig), darpariaethau Rheoliadau Prifffyrdd (Twmpathau Ffyrdd) 1999 a phob pŵer galluogi arall, wedi gwneud Gorchymyn y disgrifir ei effaith gyffredinol yn yr Atodleni isod.

Daw'r Gorchymyn i rym ar 9 Ionawr 2015, a bydd copi ohono a chynllun sy'n dangos yr ardal berthnasol i'w gweld yn y cyfeiriad isod yn ystod oriau swyddfa arferol.

Os hoffech ddadlau'n erbyn diliysrwydd y Gorchymyn neu'i ddarpariaethau am na chredwch fod gan y ddeddf uchod bŵer i'w gweithredu, neu am y tybiwch eu bod wedi methu â chydymffurfio â gofynion y ddeddf uchod neu un o'i hofferynnau, bydd gennych chwe wthnos y 9 Ionawr 2015 i wneud cais i'r Uchel Lys i'r diben hwnnw.

**RHAN 1**

Ni fydd unrhyw un yn gyrru nac yn caniatâu i unrhyw un arall yr yrru'n gyflymach nag 20 milltir yr awr yn y mannau a nodwyd yn Atodlen 1 isod.

Cymer y camau a ddisgrifwyd yng ngholofn 1 atodlen 2 i arafu'r traffig a gwneud y ffordd yn fwy diogel yn y mannau a nodwyd yng ngholofn 2 atodlen 2 isod.

**RHAN 2**

Mae'r cyfyngiadau a orfodir gan y Gorchymyn hwn a'r darnau perthnasol o ffordd i'w gweld yn llun T/14/94/MS sydd wedi'i gynnwys gyda'r atodleni hyn.

**ATODLEN 1**

Ni fydd unrhyw un yn gyrru nac yn caniatâu i unrhyw un arall yr yrru'n gyflymach nag 20 milltir yr awr ar hyd Murch Road, Dinas Powys rhwng man sy'n 70 medr i'r de-ddwyrain o'i chyffordd â Phlas Esyllt, a man 70 medr i'r gogledd- orllewin o'i chyffordd â Castle Drive - sef pellter o ryw 240 medr i gyd.

**ATODLEN 2**

Clustogau arafu pen gwastad sydd oddetudo 65mm o uchder x 1.90 medr o hyd x 1.75 medr o led.

**Murch Road**

– bydd y canol oddeutu 32 o fedrau i'r de-ddwyrain o'i chyffordd â Phlas Esyllt.

Murch Road – bydd canol y clustogau oddetudo 60 a 123 medr i'r gogledd- orllewin o'i chyffordd â Phlas Esyllt

**ATODLEN 3**

Liwyan arafu ben gwastad sydd oddetudo 75mm o uchder x 6.0 medr o hyd x 7.3 medr o led.

**Murch Road**

– bydd y canol oddeutu 19 medr i'r gogledd- orllewin o'i chyffordd â Phlas Esyllt.

**Dyddiedig 8 Ionawr 2015**

M. E. Punter  
 Cyfarwyddwr Gwasanaethau Gweladwy a Thai,  
 Cyngor Bro Morgannwg,  
 Canolfan yr Alpau, Gwenfô. CF5 6AA.



**Join the Macmillan quiz team**

THE Macmillan Mammoth Quiz is back, now in its seventh year with a brand new, brain-teasing quiz for 2015.

The Mammoth Quiz is Macmillan's nationwide quiz. Simply put, it is the same quiz, being held on the same day, at the same time, throughout the country.

A spokeswoman said: "The mammoth quiz even holds the Guinness World Record for the world's largest simultaneous quiz. We need people to help make the 2015 Macmillan Quiz the biggest and best yet and help us to reach our target of over £200,000."

"Macmillan are looking for local groups and businesses across

the UK to host a quiz on February 27 to raise funds for people affected by cancer. It's a really fun and easy way to raise money for Macmillan, and you can hold your quiz anywhere from the local pub or bowling club to the office or school.

"It costs £10 to sign up to host a Mammoth Quiz. You will then be sent a welcome pack with a 2015 quiz and fundraising materials".

To register for your 2015 quiz pack, find out more about the Mammoth Quiz and start downloading sample questions and fundraising materials, log on to [www.macmillanmammothquiz.co.uk](http://www.macmillanmammothquiz.co.uk) or email [mammoth.quiz@macmillanmammothquiz.co.uk](mailto:mammoth.quiz@macmillanmammothquiz.co.uk).

**Mayor's charity coffee morning**

THE Vale of Glamorgan Mayor is hosting a charity coffee morning in aid of the Real Lives group on Tuesday, January 13, from 10.30am to 12 noon in the Civic Office. All are welcome.

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# The BIG Fill returns for the New Year

THE 'BIG Fill' has returned to complete the pledge of filling potholes in every ward in the Vale.

A Vale Council spokesman said: "Since July, the BIG Fill has visited the wards of Dyfan, Illytd, Cadoc, Court, Castleland, Buttrills, Baruc, Gibbonsdown, Llantwit

Major and Llandough, using 280 tonnes of tarmac to fill approximately 3,800 potholes.

"The work continues as the team head to the ward of Cornerswell on Saturday, January 17 and Sunday, January 18.

"Please don't forget to report potholes on the Monday to Friday prior to the weekend the team

will be in the ward. The BIG Fill schedules can be found in the local press, on Twitter and Facebook and on the Vale website at [www.valeofglamorgan.gov.uk](http://www.valeofglamorgan.gov.uk).

"To report a pothole, call our contact centre on 01446 700111 and say you are reporting a pothole under the BIG Fill campaign, or email [thebigfill@valeofglamorgan.gov.uk](mailto:thebigfill@valeofglamorgan.gov.uk).

"If a pothole is marked with a white ring, there is no need to report it. The BIG Fill is already on the case."

## CCTV in the Vale

CCTV monitoring in the Vale led to 15 arrests, an ASBO issued, and a 'missing person' found last week.

The Vale of Glamorgan Council's CCTV team contacted police a total of 54 times during the week ending January 4.

## 'Roma may not be keen on Blunkett'

AT last the truth has emerged and I feel vindicated. As a long-standing Labour Party member (35 years) I resigned in disgust in 2000, believing, among other things, that David Blunkett MP and Home Secretary was the most reactionary person ever to have held that position.

Within the last few weeks he has declared that he would not want

Roma living next door to him in Sheffield. It may be that they would not wish to live next to him, either!

These comments were regularly heard in the 50s and 60s directed at West Indians, Pakistanis and Ugandan Asians. Such sentiments were also common in apartheid South Africa.

They have no place within a party which still prides itself on being 'moral' and 'principled'. Over to you, Mr Miliband, Christopher Short, Barry.

## NEW BEAUTY SALON

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Claudia Beauty Aesthetic Clinic, my name is Claudia James and I am a fully qualified semi permanent make up specialist and beauty therapist, aesthetically trained in chemical peels, dermatology and much more. Having worked in the beauty industry for over 10 years including top clinics in Cardiff, I have always embraced new technology & kept up with the latest and most effective procedures in the beauty industry.

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These courses are tailored to allow parents, family members, friends or anyone working with children to learn and understand children while they speak Welsh.

They're different to other courses in the way that they're full of tailored vocabulary, language patterns, songs and activities to help you communicate with children in Welsh.

More information is available from [www.learnwelsh.co.uk](http://www.learnwelsh.co.uk), 029 20 874 710 or [info@learnwelsh.co.uk](mailto:info@learnwelsh.co.uk).

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## Health, Beauty & Fitness



### A slimmer you for 2015!

PEOPLE in Llantwit Major can look forward to a healthier, happier New Year with the help of a local slimming expert who is celebrating 10 years as a consultant.

This January, Helen Waite, who runs two Slimming World groups in Llantwit Major, is delighted to reveal a brand new plan for slimmers.

She said: "Slimming World has been helping people to lose weight for more than 45 years, so we've learned a thing or two about supporting slimmers to achieve their dreams, including a deep understanding of the emotional as well as the practical aspects of losing weight."

"If anyone in Llantwit Major is pledging to slim down and become more active in 2015, Slimming World is the place to be to make sure their dreams turn into a reality."

Helen pointed out that people who embark on New Year diets fail within days or weeks because they follow plans that are too restrictive and leave them feeling hungry or deprived so they're impossible to keep up.

But Slimming World's Food Optimising plan isn't a diet and you

don't have to count and measure everything you eat. Instead by satisfying your appetite on everyday foods like fruit and vegetables, pasta, rice, potatoes, lean meat and fish, which are filling, yet naturally low in calories, it's possible to lose weight without ever having to go hungry or feel deprived.

Members will get the support of a Helen, a highly trained consultant, who knows what it is like to confront weight issues.

Helen said: "I've lost seven stone with Slimming World myself, so I know exactly what it feels like, from feeling nervous about walking into the group on that first day through to the joy of reaching your weight-loss target."

"Everyone in the group is there for the same reason – to lose weight and become happier and healthier. Each week we help and support each other by sharing advice, ideas, tips, recipes and more..."

Anyone who'd like to join the Llantwit Major Slimming World group can pop along every Tuesday at the Catholic Church, Ham Lane East at 9.30am, 5.30pm or 7.30pm, or for more information, call Helen on 01446 750738.

### Treat your feet... WITH RS PODIATRY

RS PODIATRY is an established podiatry and chiropody practice at Highlight Park Medical Practice in Barry.

Rebecca Skinner is fully qualified and a member of The Society of Chiropodists and Podiatrists and The Health Care Professions Council.

This friendly practice is available to treat all foot ailments for all

generations, from active senior citizens to young sports people.

Rebecca is highly experienced at assessing and treating all foot and ankle problems and is dedicated to providing the best treatment and patient care at affordable prices.

For the most comfortable feet this year, please call 01446 734064 for an appointment.



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It's also considered to be one of the best ways to fight depression. If you are looking for a fun cardio workout and want to make new friends, then come along to one of our classes and say goodbye to Christmas excesses!

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For more information contact

Linda on 07964 359 362

**FREE introductory class with this coupon!**

### Jet could be a real friend

The GEM has joined forces with the Dogs Trust to find suitable homes for inmates at the Bridgend rehoming centre.



Jet wants to live in the country and play with his frisbee.

Jet is a two-year-old crossbreed. He had problems with other dogs when he came to us, but through the hard work and TLC of his carers, he has come on in leaps and bounds – and we are sure he will continue to flourish in the right home.

Jet loves his toys, especially frisbees and having a mad five minutes in the field! He will need experienced owners who are willing to work with us at the centre over a few visits while he gets to know them.

Jet will benefit from living in a rural setting, rather than a busy town. Once you get to know Jet, you will have a loyal and loving companion! Jet can live with children over the age of 14."

If you can offer Jet a loving home, call 01656 725219 or visit Dogs Trust Bridgend during our new opening hours – we are open 12 noon to 4pm, every day except Wednesday. We have lots of lovely dogs here just waiting for their new homes.

Linda Feagan,  
Dogs Trust Bridgend.

### Former Barry player nets against Reds!

WHILE

the majority of the press concentrated on the soon-to-depart Steven

Gerrard's two goal

haul against AFC

Wimbledon on

Monday evening

for Liverpool, for

local football fans

there was

something closer to

home to get excited

about.

When AFC

Wimbledon equalised in

the 36th minute, the goal

was scored by former

Barry Town striker

Adebayo Akinfenwa, the

much-travelled striker

poking home from six

yards out to restore

parity against their

Premier League

opponents, before

eventually going down

2-1.

The League 2 outfit are the 14th club on

Akinfenwa's CV, the 32

year old having started

his professional career in

Lithuania with FK

Atlantias before joining

Barry Town for a short

spell in 2003, making

nine appearances and

scoring six goals, before leaving for Boston United; he's also had spells at, among others, Swansea and Millwall, with two separate spells at both Gillingham and Northampton – incredibly, the striker has never been at any club longer than 30 months!

Nicknamed 'The Beast' due to the fact that he weighs in at 16 stone, Akinfenwa has earned cult status wherever he has played, and is classed as the strongest footballer in the world by the FIFA console games, being able to bench press an incredible 28 stone!

The Liverpool fan took a particular memento from Monday night's game, landing Gerrard's shirt after the match, having told his team mates: "I've told the boys that if anyone gets his shirt before me we are going to have a problem."

If Brendan Rogers' troubles continue, could a move for 'The Beast' be on the cards? You never know!

GARETH JAMIESON

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Joanne 01446 404897

**Tuesdays 5:30pm and 7:30pm**

The Welfare Hall, Hope Avenue, Next To The Old Cinema, Aberkenfig, CF32 9PR

Lorraine 01656 734710

**Tuesdays 6:30pm**

The Old School, South Road, Sully CF64 5TG

Nicola - 01446 740394

**Tuesdays 7:30pm**

St Marys Catholic Church Hall, Ewenny Road, Bridgend

Graham 07475 865005

**Thursdays 5:30pm**

Pencoed RFC Felindre Road, Pencoed

Donna 01656 669739

**Thursdays 9:30am**

Nolton Church Hall, Merthyr Mawr Road, Bridgend

Donna 01656 669739

**Thursdays 9:30am**

Cowbridge Rugby Club The Broad Shoard

Rob - 07708 941279

**Thursdays 10:15am**

St Helen's Church Hall, Wyndham Street, Barry

CF63 4EL

Nicola - 01446 740394

**Thursdays 9:30am**

Westward Community Centre, Llangwydd Road, Cefn Glas

Gail 07551 576592

**Saturdays 9:30am**

Brackla Community Centre, Brackla

Rhian - 07837 280013

**Tuesdays 5:30pm and 7:30pm**

Parish of Our Lady & St Illtyd, (Catholic Church), Ham Lane East, Llantwit Major

Helen 01446 750738/07968355119

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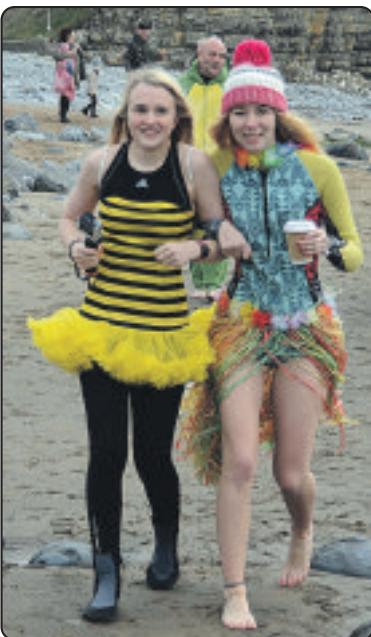
# BRAVEST OF THE BRAVE! ICY DIP FOR VALE PEOPLE ON NEW YEAR'S DAY

**PHOTOGRAPHS by ANDY WICKS**  
Telephone 07855 374 478

ON January 1, the people of Llantwit Major, and the surrounding area, ignored the chilly conditions and headed down to Llantwit beach for the traditional New Year's Day swim.

Some sported traditional swimming gear, others 'onesies', with the odd person in colourful fancy dress.

The event proved that some people did wake up with a clear head!



*ABOVE:  
All ages enjoyed  
the bracing  
weather!*

APPLICATION DEADLINE: 5:00PM 14 January 2015








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**Newydd Housing Association**  
 121 Broad Street, Barry CF62 7AL

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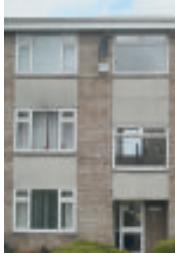


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**Preference given to applicants with excellent tenancy history meeting the maximum occupancy (references req'd)**  

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- Central heating
- Double-glazing
- Communal gardens

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#### RAMSEY ROAD, BARRY



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**Suitable for a family meeting the maximum occupancy requirement**  

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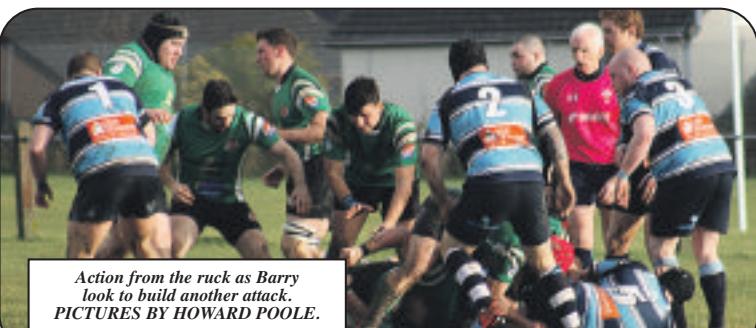
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# THE BARRY FIRSTS CRUISE TO A WIN OVER BOGEY TEAM LLANDAFF RFC



*It was a grey day weather-wise but not for Barry, who earned a win against their bogey team.*



*Action from the ruck as Barry look to build another attack.*  
PICTURES BY HOWARD POOLE.

**BARRY RFC** returned to league action after the festive period against visitors Llandaff, who have been their bogey team of recent seasons.

With the weather damp and inclement it was no surprise that the game began with a series of high balls as both sides tried to test the other team out.

In the opening exchanges Barry gained the upper hand and from that territory Einan Scott put the home side into the lead with a well-struck penalty.

Barry were proving to be stronger in the scrum but the visitors held the upper hand in the line-out. Knowing that they had to put the hosts under early

pressure, Llandaff duly obliged with a series of forward drives and from one such maul they found themselves in the lead with a well-worked converted try.

Barry awoke from their slumber, having realised their opponents' game plan, and with Lee and Scott directing matters, conducted a series of raids via their back-line. Further pressure yielded another penalty for Scott who reduced the deficit to one.

Barry now had a firm foothold in the game and when captain Hywel Jones broke through from halfway, the ball was recycled off the floor by Tiernan Scott, finding Brad White who finished superbly in the corner. Scott failed to add the extras.

Scott and his opposite kicker would swap penalties just before the break to leave the score 14-13 to the home side at the interval, and with the slope to their favour after the break, Barry would come out looking for more tries to potentially seal that bonus point.

Llandaff would try to mix things up early in the second half by bringing on a spate of substitutes, but it was Barry who laid siege to the away line.

After several unsuccessful close range opportunities, it was instead a break from their own half that saw the next score, with Tomos Perry throwing an outrageous dummy before grounding in the corner. Scott failed with the conversion.

Barry continued to press and sensed their opportunity when the away side were reduced to 14 men, but in that 10 minutes the green-and-whites only managed a solitary penalty.

With the bonus point seemingly slipping away the home side mounted a grandstand finale for the last 10 minutes, and when Llandaff received a second sin-binning Barry took full advantage.

After good work in the tighy by the Barry forwards, Perry burst through to score under the posts, with the conversion a formality, justly rewarding the home side's territorial dominance in the second half.

Within minutes Barry had the vital fourth try for the bonus point. A bulldozing run from Alyn Evans set the platform for a neat exchange on the wing between Danny Ryan and White, and the latter raced through for his 12th try of the season. Scott failed to add the extras.

There was still time for the introduction of James Sullivan into the proceedings, and the replacement prop demolished the Llandaff scrum in their own feed, and when the ball was spread to the left wing again, Perry was on hand to complete his hat-trick – his second in as many games. Scott rounded off the scoring by converting the try, the final score 43-13.

It was an impressive second half display by Barry in difficult conditions, and the players and management alike should be congratulated for their hard work on the training pitch which is now reflected in the results.

The 1st XV travel to Old Illydians this weekend, while the Second XV travel to Cardiff Harlequins.

*Team: T Scott; White, Perry, Provis, Ryan; E Scott, Lee; Evans, Vidal, Hollister; G Jones, Giddings; Goodfellow, O Poole, H Jones ©. Replacements: Sullivan, Oaten, L Jones, Gallivan, T Poole. Man of the match: H Jones.*

## SULLY BRIDGE CLUB RESULTS

**MONDAY, December 29:**

3rd Jane Brook/Hilary Morgan 53.27.  
North/South - 1st Peter Millar/Trish Tracy 76.19, 2nd Judy Collins/Janet Cunningham 66.96, 3rd Pat Evans/Jayne Greatrex 58.33.  
East/West - 1st Ann Hurst/Mike Hurst 58.04, 2nd Italo Basiletti/Ann Hilary Jones 54.76,

3rd Jane Greatrex/John Pikoulis 55.65, 3rd Maureen McCarthy/Phyllis Milner 53.27.

Wednesday, December 31: North/South - 1st Charles Johns/Carol Cochlin 59.52, 2nd Ev Kerslake/Vernon Pearn 58.63, 3rd Celia Thomas/Huw Thomas 56.85.  
East/West - 1st Mary Cartwright/Pat Verdon 63.10, 2nd

Jane Greatrex/John Pikoulis 55.65, 3rd Maureen McCarthy/Phyllis Milner 53.27.

Saturday, January 3: North/South - 1st Peter Millar/Trish Tracy 67.19, 2nd Hazel Craig/Peter Craig 60.94, 3rd Peter Blackwell/Mary Blackwell 60.94.

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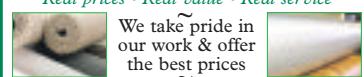
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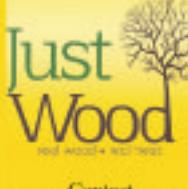
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(Wales) Order 2012****Development that may affect a Conservation Area/  
Datblygu a allai effeithio ar Ardal Gadwraeth**

Application No:/

Rhif y cais:

Proposal/Cynnig:

Location/Lleoliad:

Conservation Area:/

Ardal Gadwraeth

2014/01258/FUL

Replace existing roof slates to main house

11, Beach Road, Penarth

Penarth

2014/01445/FUL

Demolition of existing two-storey, 1970's house and  
replacement with a new two-storey dwelling with  
rooms in the roof, storey and a half extensions to the  
North and West, and a new storey and a half  
garage/study outbuilding

Stourbridge House, Llysnewy

Llysnewy

**Conservation Area Consent/  
Caniatâd Ardal Gadwraeth**

Application No:/

Rhif y cais:

Proposal/Cynnig:

Location/Lleoliad:

Conservation Area:/

Ardal Gadwraeth

2014/01458/CAC

Demolition of existing two-storey, 1970's house and  
replacement with a new two-storey dwelling with  
rooms in the roof, storey and a half extensions to the  
North and West, and a new storey and a half  
garage/study outbuilding

Stourbridge House, Llysnewy

Llysnewy

**Listed Building Consent/Caniatâd Adeilad Rhestredig**

Application No:/

Rhif y cais:

Proposal/Cynnig:

Location/Lleoliad:

Conservation Area:/

Ardal Gadwraeth

2014/01451/LBC

Repairs and replacement works to clock tower,  
replacement of lighting protection, rooflights, glazing.  
Removal of ventilation duct, new access ladder.  
Replacement of rainwater goods. Repair and repaint  
ventilation turrets. Repair entrance door. New  
handrails, tactile paving

Hen Goleg Resource Centre, College Fields Close,

Barry

Grade II

2014/01469/LBC

Works to existing boundary wall with Plymouth House  
to incorporate attachment of proposed new dwelling  
Land adjacent to Plymouth House, West Street,  
Llanwit Major

Grade II

**Application(s) of General Interest/  
Ceisiadau o Ddiddordeb Cyffredinol**

Application No:/

Rhif y cais:

Proposal/Cynnig:

Location/Lleoliad:

Application No:/

Rhif y cais:

Proposal/Cynnig:

Location/Lleoliad:

Application No:/

Rhif y cais:

Proposal/Cynnig:

Location/Lleoliad:

Application No:/

Rhif y cais:

Proposal/Cynnig:

2014/01134/FUL

Change of use of redundant stables to self contained  
holiday let

Wallace Fach Cottage, Ewenny Road, Ewenny

2014/01245/OUT

Proposed erection of 5 local needs houses and 5  
four bed houses, an access cul de sac, 2 allotments,  
a village pond in a public open space

Land adjacent to Brook Farm, Llanmaes

2014/01424/FUL

Change of use of agricultural land to residential  
development (C3) including the development of 124  
residential dwellings, public open space, landscaping,  
highway improvements and associated engineering  
works.

Land off St. Brides Road, Wick

**Departure from Development Plan/  
Gwyro o'r Cyllun Datblygu**

2014/01245/OUT

Proposed erection of 5 local needs houses and 5  
four bed houses, an access cul de sac, 2 allotments,  
a village pond in a public open space

Land adjacent to Brook Farm, Llanmaes

2014/01424/FUL

Change of use of agricultural land to residential  
development (C3) including the development of 124  
residential dwellings, public open space, landscaping,  
highway improvements and associated engineering  
works.

Land off St. Brides Road, Wick

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Gall manylion eu harchwilio am 21 diwrnod yn y cyfeiriad a roddir  
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Dated / Dyddiedig: 8 January, 2015

**M. Goldsworthy**  
Operational Manager Development & Building Control,  
Vale of Glamorgan Council, Dock Office, Barry. CF63 4RT

## Family Notices

## GUILDFORD

## Margaret Rose

Peacefully on December 18 at Bellavista Nursing Home, Barry, after a long illness, Margaret of Rhoose (nee Davies of Llantwit Major). Beloved wife of James, dearly loved mother of Matthew and daughter-in-law Suzanne, much loved grandmother of Evelyn and Deri.

Resting at the Private Funeral Home of W James & Sons, Fonmon. Funeral Monday January 12, service 2pm at Cardiff & Glamorgan Crematorium, Barry. No formal attire required, no flowers by request, donations in lieu, if desired, to NSPCC c/o J James, 11 Fonmon Road, Rhoose, Vale of Glamorgan CF62 3DZ.

## LEER

## Alf

Suddenly but peacefully at home, Alf, much loved husband of Joyce, father of Jacqueline and Caroline. Loving grandfather and great grandfather.

*Will be sadly missed by all family and friends.*  
Funeral Service at Llanmaes Church on Thursday, January 22nd at 2.30pm, followed by cremation at Coychurch Crematorium at 3.45pm. Family flowers only, donations in lieu may be sent to Bridgend Diabetic Clinic.

## ALLBRIGHTON

## Emma

Peacefully on January 4th at UHW Cardiff, Emy of St. Athan, beloved wife of the late Eric, dearly beloved mother of Janet, Linda, Vicki, Paula, Karen, Mark and Teena, much loved grandmother and great grandmother.

Resting at the Private Funeral Home of W James & Sons, Fonmon. Funeral Thursday, January 15th. Service 1pm at St. Athan Church, followed by interment in St. Athan Cemetery. Flowers may be sent to the Funeral Home.

## WEAVER

## Susan

Peacefully at College Fields Nursing home on 1st of January. Susan, loving wife of the late David, much loved mother to Darren and Adrian, a loved mother-in-law to Louise and man to Kelly. Susan will be sadly missed by all who knew and loved her.

Resting at Park Independent Funeral Directors, 7 Tynewydd Road, Barry, until her funeral service on Friday, 16th January at 3pm at the Cardiff & Vale Crematorium, Port Road, Barry.

Flowers welcome, or donations may be made at the service in memory of Susan to Tenovus, Macmillan Cancer Support and Velindre Hospital, following on to the Cherry Orchard, Barry (formerly College Inn).

## THOMAS

## Elizabeth (Betty)

Formerly of Wick, devoted wife of the late Jim, loving mother to Gareth, mother-in-law to Trisha and nain to Andrew and Simon.

Passed away peacefully after a short illness at Ysbyty Gwynedd, Bangor on 5th January.

In accordance with her wishes, a service will be held in due course at St James' Church, Wick.

## MORRIS

## Marilyn Jane (Née Bowen)

Suddenly on January 2 at the Princess of Wales Hospital, Jane of High Street, Heol y Cyw; dearly loved wife of Steven, much loved mother of David, Wendy, Julie and Erica, a dear mother-in-law, loving granny to Ricky, Jamie, Kirstie and Ruby and great-granny to all her great-grandchildren, a dear sister, sister-in-law and daughter-in-law.

*Will be sadly missed by all her family and friends.*

Funeral Thursday January 15, service and cremation at Coychurch Crematorium at 3.15pm. Flowers or donations in lieu may be made to Help for Heroes c/o Mel & Ron Watkins Funeral Services, Graigwen, 12 Pentwyn Road, Pencoed, Bridgend CF35 6SB Tel: 01656 860545.

## GRIFFITHS

## Ken

(of Marcross)

June, Ann and Kim would like to thank family, friends and neighbours for their support, kind messages of sympathy and attendance at the funeral in such numbers, following the sad loss of Ken.

The family are thankful for the care given to Ken by the GPs of Eryl Surgery and grateful for the generous donations made to the Diabetic Clinic at the Princess of Wales Hospital.

Our sincere thanks also to Reverend Anthony Beer for his unfailing support and for officiating at the Service in Coychurch.

*Ken will be forever loved and missed always.*

## SMITH

## Joyce Elizabeth

(nee Durie and formerly Evans)

Passed away peacefully at Llandough Hospital on December 24th, aged 90 years, Joyce of Pontypridd Road, Barry and beloved wife to the late Fred and the late Stanley. Much loved sister of the late John & Marian, aunt of Patricia.

*Joyce will be dearly missed by all her family, friends and neighbours.*

Resting in the Private Chapel of The Vale Funeral Service, 181 Court Road, Barry until her service at Cardiff & Glamorgan Crematorium, Port Road East, Barry on Saturday, 17th January at 11am

No flowers please, donations if desired may be sent to the National Osteoporosis Society, Camerton, Bath, BA2 0PJ.

Funeral arrangements entrusted to Lyndsay Ellis 01446 407962.

## HUGHES

## Tony

Peacefully on December 23rd, 2014 at The Princess of Wales Hospital, Bridgend, Tony, much loved father of Angharad, Tom and Rob. Grandfather to Mia and Ollie, brother to Bryn, will be sadly missed by all family and friends.

Funeral service at Coychurch Crematorium on Friday, January 16th at 2.45pm. Family flowers only, donations in lieu of flowers may be made to either Y Bwthyn Newydd or Velindre Hospital. Dress smart casual please.



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## BROWN

## Rita Elizabeth (nee Jenkins)

Peacefully after a short illness on 3rd January in the Princess of Wales Hospital, Bridgend, Rita aged 81 years of Abertyn, Cowbridge. Devoted wife of the late Graham Brown (former owner of W.A. Brown and Son, Funeral Directors in Llantwit Major). Loving mother to Julie, Caroline and Andrew and a much loved granny to Jonathan, Leah, Rhys and Owen.

Resting at W.A. Brown & Son, Pembroke House, Llantwit Major until the service at Coychurch Crematorium on Tuesday, 20th January at 2.15pm. Cut flowers please may be sent to the funeral home.

## KING

## Jonathan Alan

Suddenly on 28th December at his home in Redwick (Nr. Pilning). Jonathan Alan, devoted husband of Gillian, dearly loved youngest son of Muriel and the late Alan (formerly of Bert King Builders Merchants, Barry). Dear brother of Paul and brother-in-law to Ruth, and a loving uncle to his nieces and nephews and a dear friend to all that knew him. He will be sadly missed. Funeral arrangements to be advised.

## STYCH

## Donald Ivan

Passed away suddenly but peacefully on 23rd December 2014 aged 89 years at the Princess of Wales Hospital, Bridgend. Survived by his beloved wife Doreen with whom he recently celebrated 65 years of marriage, and sadly missed by his daughters Carol and Patricia and their partners Steve and Anthony. Much loved grandfather of Wayne, Cathy, Steven, Nicola and Jonathan and six great grandchildren.

Funeral service will be held on Wednesday 14th January 2015 at St James Church, Wick at 10.45am followed by a committal service at Coychurch Crematorium at 12 noon. Family flowers only but donations if desired to Parkinson's UK. All enquiries to JR & MF David, St Brides Major on 01656 895068.

## WILLMOT

Trevor John  
(Formerly of St Athan)

Passed away peacefully on 6th December at his home in Stirling, Scotland, aged 79. Beloved husband of the late Liz, dearly loved father of David, Catherine and Rachel and a much loved grandfather of his eight grandchildren.

The funeral service was held in Scotland on 18th December and the family would like to thank all friends and relatives who attended, and for all the cards and messages of sympathy received.

## BIRD

## Eric Osborne

Suddenly, but peacefully after a long illness, Eric, much loved husband of Judith, loving father of Simon and Sara, grampy of Samuel.

Resting at the Private Funeral Home of W James & Sons, Fonmon. Funeral Tuesday January 13, service 2pm at All Saints Church, Park Road, Barry, followed by cremation at Cardiff & Glamorgan Crematorium, Barry at 3pm. No flowers by request, donations in lieu, if desired, to Cerebral Vasculitis Research c/o J James, 11 Fonmon Road, Rhoose, Vale of Glamorgan CF62 3DZ.

## FRANCIS

## May

Peacefully at College Fields Nursing Home, Barry on January 2nd, May of Barry Island. Dearly beloved wife of the late Leonard, much loved mum of Pam and Jeff, mother-in-law of Kevin and Lorraine, adored nan to all her grandchildren and great-grandchildren.

Resting at A.G. Adams & Son, Tynewydd Funeral Home, Gladstone Road, Barry until her funeral service in the chapel on Friday, January 16th at 11am, followed by cremation at the Cardiff & Glamorgan Crematorium, Barry at 12 noon. Family flowers only but donations in lieu to Marie Curie (Holme Tower) Bridgeman Road, Penarth, CF64 3YR.

## LEWIS

## David

Passed away peacefully on January 4 at Y Bwthyn Newydd, Princess of Wales Hospital, Bridgend aged 76 years of Islwyn Meadows, Pencoed; beloved husband of Yolande, dearest dad of Michelle and Stephen, loving gramps to Graham, Kim, Sophie and Alexander, cherished great-gramps to Oliver, Emma and Bump.

*He will be sadly missed by all his family and friends.*

Funeral Tuesday January 20, service and cremation at Coychurch Crematorium at 1.15pm. Family flowers only, donations in lieu may be made to Y Bwthyn Newydd c/o Mel & Ron Watkins Funeral Services, Graigwen, 12 Pentwyn Road, Pencoed, Bridgend CF35 6SB Tel: 01656 860545.

## HARRIS

## Jillian

Much loved daughter of Elsie, a fabulous sister, sister-in-law and aunt. A resident of Quarry Cottage in recent years, and member of Scope and the Monday Club.

A fun-loving friend to so many in her home town of Cowbridge. Thanks are extended for condolences received and funeral details will be advised.

## PILCHER

## Ronald Michael

Peacefully on December 5th at The Waverley Care Centre, Penarth. Ron, beloved husband of the late Gwyneth, much loved dad of Michael, David, Tony, Martin and their families, loving brother of Marg & Joan.

*Ronald will be greatly missed by all who knew and loved him.*

Resting in the private chapel of The Vale Funeral Home, 181 Court Road, Barry until his service at Coychurch Crematorium, Bridgend on Friday, 16th January at 9.30am. No flowers please, donations if desired may be made at the service to The RAF Benevolent Fund in memory of Ron. Funeral arrangements entrusted to Lyndsay Ellis 01446 407962.

## WENSLEY

## Stephen

Passed away peacefully on the 2nd January, 2015 at Morriston Hospital after a long illness.

Aged 61, Stephen was the beloved husband of Helen, a devoted father to Philip and Claire, father-in-law to Eve and the much loved grandfather of Celyn and Bethan. He will be sorely missed by his loving brother John, all family and friends.

Resting at A.G. Adams & Son Funeral Home, Gladstone Road, Barry until the funeral on the 14th January. A service and cremation will be held at Barry Crematorium where all family and friends are invited to meet at 2pm.

Family flowers only. Donations, if desired, may be handed to the Funeral Director after the funeral for Velindre Cancer Centre, Cardiff.

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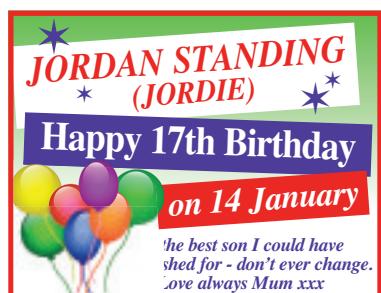
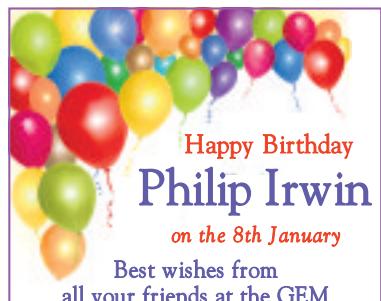
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**Birth Notices****WALDRON-KELLY  
(nee Aynge)**

Congratulations Michelle and Barri  
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granddaughter Elena Raine  
born December 23rd.

Love Chris, Christine, Julie,  
John, Jackie, Sandra & Gavin xx

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<sup>†</sup>(Including £0 Acceptance Fee on first payment and £0 Option to purchase fee on last payment). Permitted Maximum 35,000 Miles over 42 months. Excess mileage charged at 6p per mile.

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09 LOTUS Esprit 2.2	In white with navy leather, 33,000 miles, 25 year old sports car	£11,995	
62 FORD Fiesta 1.2 Zetec 3-Dr	In silver, 9,000 miles, a/c, alloys	Reduced to £7,995	
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10 SKODA Fabia 1.4 TDi Estate	In silver, 50,000 miles, low running costs	£5,995	
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10 RENAULT Megane 1.6 Dynamique.	In electric blue, 49,000 miles family hatch	£5,695	
59 RENAULT Clio 1.2 Extreme 3-Dr	In black, 36,000 miles, low insurance	£5,695	
62 PEUGEOT 107 Active	In red, 21,000 miles, free road tax, 1 owner	£5,495	
58 FORD Fiesta 1.2 Zetec 3-Dr	In black, 64,000 miles with parking sensor	£5,495	
08 NISSAN Note 1.4 Acenta.	In electric blue, 39,000 miles, alloys, a/c, c/d	£5,495	
08 VAUXHALL Zafira 1.9 Diesel Automatic Exclusive.	In met blue, 61,000 mile 7 seater	£5,495	
08 VW Golf 1.4 'S' 5-Dr	In met blue, 79,000 miles, a/c etc, ideal family hatch	£5,495	
08 TOYOTA Yaris 1.4 Diesel SR D4D 5-Dr	In met grey, 71,000 miles, sat-nav, 1 owner	£5,495	
10 SMART Fortwo Pulse MHD 1.0 Convertible	In black, 31,000 miles, £20 road tax	£4,995	
09 FORD Focus 1.6 Zetec 5-Dr	In met blue, 75,000 miles, ideal family hatch	£4,995	
09 SUZUKI Splash 1.2 GLS+ 5-Dr.	In met blue, 55,000 miles, low insurance	£4,995	
58 RENAULT Clio Dynamique 1.2 Estate	In silver, 60,000 miles with a/c, alloys	£4,995	
58 RENAULT Clio 1.5 Diesel Dynamique 5-Dr	In black, 71,000 miles, 1 owner, £30 road tax	£4,995	
08 RENAULT Clio 1.2 Dynamique 5-Dr (100)	In black, 50,000 miles, 2 owners	£4,995	
08 KIA Ceed 1.6 LS 5-Dr	In met blue, 47,000 miles, alloys, a/c etc	£4,995	
08 SKODA Fabia 3 TDi 1.9 Estate.	In met grey, 71,000 miles reduced to £4,995		
57 SEAT Altea 1.9 Diesel Reference	In met ruby red, 72,000 miles, 2 owners	£4,995	
60 SUZUKI Swift 1.3 SZ3 3-Dr	In red, 59,000 miles, 1 owner, low insurance	£4,995	
10 VAUXHALL Corsa 1.2 SXi 3-Dr	In white 71,000 miles with privacy glass, alloys, cd, sporty look	£4,995	
10 TOYOTA Aygo "Blue" 1.0 VVTi 5-Dr	In electric blue, 42,000 miles, £20 road tax	£4,995	
09 PEUGEOT 207 1.4 Diesel 'S' 5-Dr	In silver, 63,000 miles, low road tax	£4,995	
08 FORD Focus 1.6 Zetec 5-Dr	In met-blue, 61,000 miles with a/c etc	£4,995	
57 HYUNDAI i10 Style 2.0 Diesel 5-Dr	In silver, 72,000 miles, nice example	£4,995	
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09 VAUXHALL Corsa 1.2 Club 5-Dr	In black, 39,000 miles with a/c	£4,695	
58 PEUGEOT 207 1.4 Diesel 'S' 5-Dr	In met turquoise, 55,000 miles	£4,695	
56 SEAT Toledo 1.20 TDI Styline Automatic.	In black, 61,000 mile diesel at	£4,695	
53 MERCEDES SLK 200 6-Speed	In silver, 89,000 mile convertible at	£4,695	
55 VW Golf 1.6 'S' Automatic 5-Dr	In met-blue, 79,000 miles, a/c etc	£4,495	
07 FORD Focus 1.8 Zetec 5-Dr	In ice blue, 47,000 miles with a/c, alloys etc	£4,395	
09 PEUGEOT 207 1.4s VTi	In met turquoise, 59,000 miles with a/c	£4,295	
08 MAZDA 2 1.4 TS2 3-Dr.	In black, 59,000 miles, alloys, a/c etc	£4,295	
08 SEAT Ibiza 1.4 Sport 3-Dr	In met grey, 52,000 miles, 1 owner	£4,295	
57 TOYOTA Yaris 1.3 TR 5-Dr	In black, 64,000 miles, a/c alloys	£4,295	
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54 MINI Cooper.	In electric blue/black roof, nice specification, good looking mini at	£4,295	
58 CITROEN C2 1.6 Code	In met grey with tan leather trim, 51,000 miles	£3,995	
57 SEAT Ibiza 1.2 Reference 5-Dr	In met grey 53,000 miles	£3,995	
07 SEAT Ibiza 1.4 Diesel Reference Sport 3-Dr	In red, 79,000 miles	£3,995	
55 FORD Fiesta 1.4 Diesel Zetec 5-Dr	In red, 42,000 miles, a/c, £30 road tax	£3,995	
04 VW Golf 2.0 GT 5-Dr FSi.	In silver, 84,000 miles, very nice example at	£3,995	
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06 VAUXHALL Zafira 1.6 Club 7-Seater	In black, 89,000 miles	£3,695	
54 VW Golf 1.9 TDI 5-Dr SE	In black, 98,000 miles, nice example at	£3,695	
04 CHEVROLET Aveo 1.2 S 3-Dr	In black full leather trim, 46,000 miles	£3,495	
57 VAUXHALL Vectra 1.8 SRi 5-Dr	In silver, 68,000 mile family hatch	£3,495	
07 FORD Fiesta 1.2 Style Climate 3-Dr	In met-blue, 79,000 miles	£3,495	
55 TOYOTA Yaris 1.0 Colour Correction 3-Dr	In black, 64,000 miles, low insurance	£3,495	
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04 FORD Focus Ghia 1.8 Estate,	In black, 65,000 miles, 2 owners, TDCi, FSH	£2,995	
57 FORD KA Luxury	In silver with black leather, 37,000 miles, a/c alloys	£2,795	
07 FORD Ka 1.3 Zetec Climate	In black, 33,000 miles with a/c, alloys etc	£2,695	
06 RENAULT Megane 1.6 Dynamique Convertible	In silver, 84,000 miles	£2,795	
54 SMART City Passion Auto.	In silver, 68,000 miles, low road tax, host of extras	£2,695	
05 CITROEN Xsara Picasso Desire 1.8	In blue, 61,000 miles, family hatch	£2,495	
06 PEUGEOT 407 2.0 SE.	In silver, 90,000 miles, family hatch at	£1,995	
05 RENAULT Scenic 2.0 Dynamique	In met blue, 76,000 miles, on offer at	£1,995	
59 SKODA Octavia 1.9 Diesel SE Estate	In Silver, 75,000 miles, nice example	£5,995	



CITROEN C5 VTR Plus 2.0  
Petrol Automatic  
Blue, 39,148 miles  
£5,995



10 SMART Fortwo Pulse MHD  
Convertible  
Black, 31,000 miles, £20 road tax  
£4,995



59 SKODA Octavia 1.9  
Diesel SE Estate  
In Silver, 75,000 miles, nice example  
£5,995

# Cowbridge races were unsurpassed!

IN Wales today, steeplechase fixtures take place at Chepstow, Ffos Las and Bangor-on-Dee.

However, Wrights Book of Steeplechasing for 1844 lists 151 jumps fixtures and in Wales these were at Abergavenny, Aberystwyth, Breconshire, Monmouth, Monmouthshire Hunt, Newport, Oswestry, Swansea, Wrexham and Welshpool.

Cardiff's Ely Racecourse, home of the Welsh Grand National from 1895 until 1939, followed shortly afterwards. This is how Ruff's Guide to the Turf of 1867 described the racecourse at Bridgend – "Bridgend is situated on Ogmore Down and is somewhat in the form of a figure six. The soil is sandy", while the racecourse at Monmouth was "a circular course under the walls of the town, of a little more than six furlongs round and is quite flat".

Wrexham "is flat and oval" and Cardiff "is nearly an oval course of a mile and 52 yards, with a straight run-in of a quarter of a mile, perfectly flat, over well drained land and the whole course can be seen from the stand".

For natural beauty few of these old racecourses could surpass the one at Cowbridge where, from the slopes of Penllyn Castle, thousands would gather for the Glamorgan Hunt Steeplechases. This meeting was regarded as the 'Derby Day of south Wales'.

The Cowbridge Steeplechases brought large numbers of spectators to the town in all sorts of conveyances. Bunting was strung up in the High Street adding to the carnival atmosphere and the Great Western and Taff Railway laid on special trains of 18 carriages.

It was at Cowbridge that Sir Harry Llewellyn, of Foxhunter fame, rode his first winner in 1930 while the First Viscount Lord Tredegar, whose equestrian statue stands in front of Cardiff's City Hall, won the principal race there on Sir Briggs, his celebrated charger at the Battle of Balaclava in the Crimean War.

An even odder winner there was a mare called Maid of Killarney, belonging to an Irishman, Tim Donovan, a Cardiff rag and bone man. She raced everything on the road to Cowbridge and won the principal steeplechase after all the other runners had refused at the open ditch!

The Glamorgan, Llangeinor and Pentyrch Hunts all held their annual point-to-point races at Penllyn in the 1950s and 60s and it was there that I began my career as a race reporter for The Sporting Life and Horse & Hound.

#### HOOF NOTE

A correspondent writing to the Western Mail on April 20, 1922 had this to say: "It is common knowledge among racegoers that a great deal of 'pulling' is going on at nearly all the meetings,

## Wheelchair rugby team want players

WALES Wheelchair Rugby League would like to develop a database of eligible players playing anywhere in the UK.

This database will be used to inform players about upcoming training and events and will give the Wales coaches the chance to attend games where they know there will be a number of Welsh eligible players playing.

To be included in this database please email the below to Mark A Jones (MAJ), Wales wheelchair team manager at majjones58@yahoo.co.uk with your name, club (any sport), contact number, preferred email, any previous previous representation experience and eligibility.

1G

The side are looking for any player who would like to have the opportunity of playing Wheelchair Rugby League.

This includes, but is not limited to, those who may have played wheelchair rugby or wheelchair basketball.

There are a number of differences between this game and wheelchair rugby. In wheelchair rugby league, a rugby ball is used, players can't pass forwards, they have to put the ball down for a try and they take kick-offs, penalties, conversions and drop-goals with their fists, the first three from an elevated tee and the drop by bouncing the ball before trying to fist it over the posts.

1G

## Bridge results

RESULTS for the Vale of Glamorgan Bridge club for January 5:

1st Irene Thomas & Graham Jones 59.23%, 2nd= Steve Burgoyne & John Evans 55.52%, Phil & Lou Edwards 55.52%.

LE

# NEW YEAR'S SWIM ON THE ISLAND

PHOTOS  
by ANDY  
WICKS  
Telephone 07855  
374 478

PEOPLE flocked to Barry Island on New Year's Day – some to swim, some to stay wrapped up and witness the 'madness'.

Whether people were participants or spectators, they enjoyed the friendly atmosphere.

Here, Andy Wicks captures some of the spirit – and moments – of the day. Roll on New Year's Day 2016...



CTC House, Whittle Road, Leckwith Industrial Estate, Cardiff, CF11 8AT

Contact : Paul Lewis - 029 20 308526 / 07811 255417  
E-mail: paullewis@wattsrv.co.uk



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# Glamorgan GEM Sport

YOUR DEFINITIVE SPORTS ROUND-UP

Send your match reports, news and other items of interest to: [gemeditorial@tindlenews.co.uk](mailto:gemeditorial@tindlenews.co.uk)



# The league leaders just edge out Llantwit Major in ferocious game

SATURDAY saw Llantwit Major welcome league leaders Dinas Powys to the Rec.

With the club still reeling from the news of the untimely passing of last season's player Dave Synan, a respectful minute's silence was observed by both sets of players and supporters in Dave's memory. From the kick off the game was played with intensity – it was a fitting tribute.

It was Dinas Powys who got on the scoresheet first with a penalty. They continued playing the simple nine man game of the pack trundling along making hard yards with pod after pod of attack.

Llantwit were fortunate to turn the ball over and clear their lines. Following an infringement by Dinas Powys Chris Fowler send a long ranging penalty deep into the opposition half but the lineout was lost; however, Llantwit somehow managed to regain the ball through a penalty and Chris Fowler duly stepped up and slotted the three points.

## Cowbridge Darts League round-up

AS a result of the matches. The Edmondsons A hosts the Old Post Ladies, the Hare and Hounds hosts the Edmondsons C, the Farmers Arms hosts the Edmondsons B.

Hence the league standings, after 10 matches, are unchanged: Llantwit hosts the Highwayman Inn and matches, are unchanged: Edmondsons B. Llantwit (73 points). All matches start at 8.15pm and spectators are welcome. For further information e-mail Paul and Hounds (39), a t Edmondsons C (38), cowbridgedarts@gmail.c Farmer's Arms (37) and om; up-to-date information can be found on the website: Old Post Ladies (22).

On Tuesday, January 13, there is a full programme of league

Whether it was due to slippery conditions or something else the referee called both captains to one side and asked them to watch the penalty count.

With the ball like the proverbial bar of soap there were a few handling errors that were to be expected. Llantwit gained another penalty and went for touch but again the lineout was lost.

Both sides were eager to play rugby despite the conditions, which is a credit to the Vale sides. Matt Roberts continued with his form and made a break down the left flank but he was isolated and the ball was invariably turned over.

In the second quarter Llantwit took a scrum ball against the head and with a 15 yard drive totally demolished the Dinas 8, which saw the referee rightly award a penalty which Chris Fowler converted.

From the kick off Llantwit secured the ball only for it to be kicked out on the full and put themselves under pressure. Dinas capitalised on this and made their way through for a try that was a result of basic mistakes from the Llantwit side. This meant Dinas went into the half-time break with the lead, 10-6.

The second half started with the same intensity as the first but it was Dinas who were taking the upper hand and in the blink of an eye Llantwit were reduced to 13 men following the sin binning of, first,

Stefan Price for an infringement at the ruck and then, from the resultant lineout, Chris Fowler was shown yellow for what was perceived to be a deliberate knock on.

To be fair with the writing on the wall the remaining players gave their all and something extra to keep Dinas out as long as possible, but with two men down the inevitable try came which went unconverted to give them the lead, 15-6.

Due to the intensity of the game the 10 minutes of sin bins flew by and both players were back on the pitch.

With a full complement of players now on the field Llantwit took control of the ball and slowly moved upfield. From a lineout the pack mobilised and crashed through line after line of defence and with the old fashioned rolling maul Dinas had no answer and the Llantwit 8 crashed over the line for a try that was attributed to hard working number 8 Rob Carter. This was converted by Chris Fowler.

With the bit between their teeth and a renewed vigour Llantwit seemed to change up a gear and made hard yards with the ball, only to be countered by Dinas.

Through one Dinas attack they spilled the ball which was picked up by Matt Roberts who offloaded to scrum half Rhys Balmont who seemed to glide over the quagmire for 60 yards before being brought down by the stretched defence who then gave Llantwit a penalty.

Llantwit opted for the kick to touch and initially the ball was secured and the pack started moving forward. However, with the home crowd loudly

cheering on the drive, a Dinas player managed to steal the ball and make 10 yards before being brought down and from the resultant ruck the lines were cleared.

The game continued between the two 22 yard lines and with neither team able to make further inroads the clocked ticked down and the referee called the game to a halt to the relief of Dinas players and supporters who celebrated like it was a cup final and to the disappointment of the Llantwit players, coaches and supporters.

As it was a typical derby game the coaches were satisfied that each and every one of the squad had given their all and there was nothing left in the tank. While defeat was frustrating, the players were reminded that they had just played the unbeaten league leaders and should be satisfied they had done all they could.

This Saturday Llantwit travel to Caerau Ely who currently lie third from bottom but this will count for nothing and Llantwit will need to be at their best to ensure victory. The bus will leave the club at midday should any supporters wish to travel with the team.

From all involved at the club, from players, coaches and committee, we would like to wish you all a happy New Year.

NE

## Medal delight for twins!



RUTH May and Ellie May have recently gained a Commonwealth medal in Tae Kwon Do in Edinburgh.

The twins are A level students from Llantwit Major and have been attending Master Paul Jones' Tae Kwon Do class since they were five years old. This is an amazing achievement and they have worked very hard with their training. Being chosen to represent Wales in the Commonwealth Games was the highlight of their year.

JC

## No action for Cowbridge RFC

THERE was no rugby for Cowbridge RFC last weekend as the 1st XV's game at St Albans was postponed and the youth home game had to be called off as all pitches were waterlogged.

There was some optimism that the youth might have been able to play on the police field once the rain had stopped but further downpours put paid to that.

The youth BD team are away to Llandaff North.

Best wishes to everyone for 2015.

RV/RK

## Under-10s face Llanharan

LLANTWIT MAJOR under-10s started the New Year with a trip away to Llanharan.

Llantwit started off a little slowly, with scrappy passing and missed tackles, and it was only through some fantastic defence from Sam H, Will S and Tom that Llanharan did not score first.

It was Llantwit who were the team to open the scoring; with a great determined push through, Rhys D drove over the line for the first try of the match.

Llanharan came back quickly from the restart with a fantastic run down the wing to score their first try of the match.

After the next restart, Llantwit seemed to have shaken off a few

cobwebs, and were starting to line up well, passing the ball out wide to Sam H, who ran over the line twice in quick succession.

Llanharan made some fantastic breaks, but Llantwit's defence stood strong, making some great tackles and clearing out the rucks well. They gained turnover ball, and passed out wide to Sam A, who made a great run down the pitch to score.

It was Llantwit who had the final say of the match with Logan pushing through a strong defence to score the final try of the match.

Final score: Llanharan 1, Llantwit 5. Man of the match: Tom Roberts.

SR

## SECOND HALF COSTS SPORTS' UNDER-15s DEAR IN LOSS

BRIDGEND Sports under-15s started the calendar year with an away defeat to Kenfig Hill, who are a side that the Sports beat 29-17 earlier in the season.

The Sports should be commended for turning out in force with a squad of 25.

The Sports were straight out of the blocks from the first whistle and they created sustained pressure deep inside the Kenfig Hill half for several minutes.

As a consequence of this dominance, Kenfig Hill made several forced errors that resulted in the Sports impressing in the scrum early on.

Inevitably, the Sports soon scored the first try of the match as the pressure became too much for the hosts to deal with. Flanker Rhys Kelly then made vital yards from a tap penalty which acted as the perfect approach for scrum

half Will Prosser to pick up from the following ruck to scurry over the line to give the Sports a deserved lead.

The try was then successfully converted by Drew Price. However, the hosts soon had some much needed territory in the Sports' half and then scored an equalising try thanks to their flanker running through the Sports defence from short distance to score the first of his three tries.

The Sports soon regained the lead through a well worked try which saw a succession of passes made to the left of the field that eventually reached full back Izak Thomas, who finished well in the corner to put the Sports 12-7 in front.

There was still some time left for some more ebb and flow in this end to end first half as Kenfig Hill inflicted a late blow on the Sports as the lead changed hands for the third time in the match, the

## KARATE CLUB GOES FROM STRENGTH TO STRENGTH

OVER the last 15 months our karate club has grown to nearly 50 students under the guise of Shihan Robert Bridle and Sensei Eira Culverwell.

The community non-profit club runs Monday 3.15pm-4.30pm and Fridays 6pm-7.30pm in Y Bont Faen Primary School.

With ages ranging from 6-62, the club is renowned for traditional karate values and ethics, producing quality karateka.

For more information visit: [www.kyokujitsukyokushinkai.co.uk](http://www.kyokujitsukyokushinkai.co.uk).

DMC

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EC

After three periods of

IG

TP